

Sunday Services
9:00 and 11:00

Sunday School P-5th: 9 and 11

6th – 8th Grade: 9 am
9th – 12th Grade: 11 am
Adult Class: 10 – 11

Munchies
Junior High School Fellowship)
Thursdays 7 - 8:30pm
Patrick Vaughn

Crew
High School Fellowship)
Wednesdays 7 - 8:30pm
Quinn Vaughn

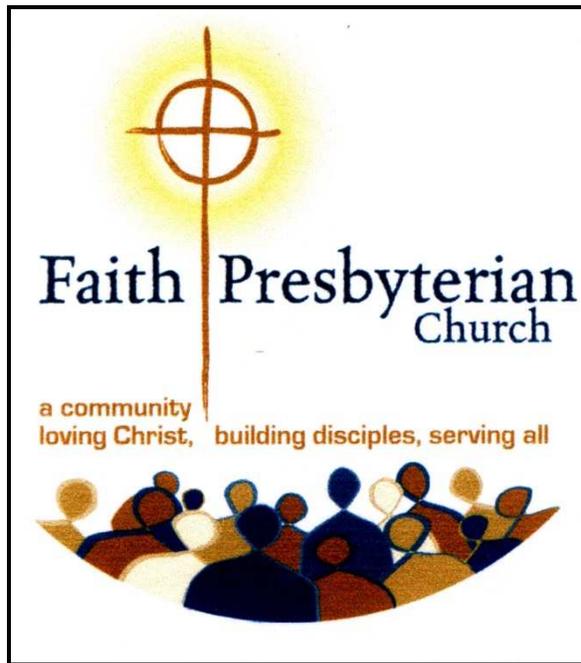
October 21 Congregational Meeting
10A

October 28 Blood Drive
8AM—12:30PM

October 28 – November 4 World
Vision Sponsorship Days

November 4 Stewardship Sunday
November 4 Food Closet Donations
today emphasizing canned tuna, 18
oz jars of peanut butter, dry breakfast
cereals and canned soups.

November 11 Operation Christmas
Child after both services



PresbyNews

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**Pastors Jeff Chapman,
Jim Zazzera, Patrick
& Quinn Vaughn**

**Next PresbyNews
Deadlines: October 28,
November 11, Nov 25**



Betsy Butler, Faith's new Director of Music, conducts the Brass Band, the Chancel Choir, the Praise Band and the congregation in an outstanding, uplifting music program as Faith Folk welcome her on October 14. We look forward to many more Sundays of excellent Worship through Music.

Congregational Meeting Scheduled to Elect the 2008 Nominating Committee.

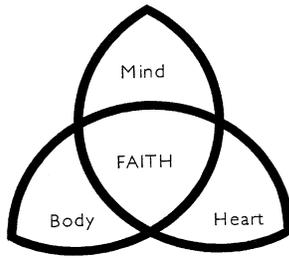
Don't miss the Congregation meeting scheduled for October 21 when we will be electing our 2008 nominating committee. These folks will be responsible for placing before the congregation in early 2008 a slate of nominees for election to the session and the deacon board. Per our by-laws one member of the nominating committee is to be a sitting elder who serves as the chair of the committee. The session elected Elder DiAnne Brown for that responsibility. Elder Glenda Arellano will also be on the slate. The by-laws also direct one nominee to be selected by and from the deacon board. Filling out the nominating committee of 7 will be four non-sitting elders. If you would like to nominate someone (or yourself!) to the nominating committee, contact Elder Brown.

**Town Hall Meetings Upcoming
October 21.** Don't miss this opportunity to engage with the session about the vision and plans for Faith. You are invited to bring your questions and suggestions to these conversations that will be held after each service.

MUSIC, MUSIC, MUSIC.

Friday, November 2nd, 7:00pm In Faith's sanctuary.

Come one, come all to the special concert being presented by the combined orchestra and choirs from our neighbor Kennedy high school. The kids and teaching staff would appreciate your support and attendance, and you will benefit from the great music being presented.



All About Men: Fountain Of Youth For Your Muscles

Your hair may thin and your jaw line may seem determined to move south, but there's one thing you never have to give up as you grow older: young muscles. Strength training affects muscle DNA on a cellular level, giving it the profile of much younger muscle tissue. The result? Pump some iron and you'll considerably narrow any natural strength gaps that exist between you and those still-wet-behind-the-ears younger men.

Push-up Power

Remember when 73-year-old Jack Plance did one-handed push-ups on stage at the '92 Oscars? That could be you. Well, maybe not the Oscar part. But any guy can be fit past 50 if he strength-trains regularly. Here's how a recent study proved it. Before going through a resistance-training program, the older men in a study were nearly 60 percent weaker than the younger guys. But after 6 months of chest presses, leg extensions, and other resistance exercises, the senior group's muscle strength doubled!! They closed the gap to just 40 percent less strong. Imagine what a whole year of push-ups could do.

P.W. News

P.W. will be meeting Wednesday October 24th. Bible Study @ 10:00 a.m. Lunch will be provided.

Art and Karen Pabst will tell us about Partnering In Ethiopia. We will learn about Mesda, Ethiopia. It's terrain, it's people, food, culture and challenges.

Food Closet Coordinator Needed

S.S.I.P. wants to hire a Food Closet Coordinator who will work 30 hours a week at the Food Closet. The Food Closet is located at Bethany Presbyterian Church, 24th and Fruitridge.

Call 421-1017 for a job description and/or send your resume` to:
Gary Grundman
6929 Franklin Blvd.
Sacramento CA 95823

The Family That Plays Together

A couple of weeks ago I mentioned in a sermon that some of the best times in life are those opportunities we get every so often to sit down with the people we most enjoy in life around a table full of good food and good drink. Everybody laughs, maybe so hard some people cry. Everybody listens. Everybody celebrates. Nobody worries about the dishes. Nobody watches the clock. Nobody wants the evening to end.

If you can't remember the last time you shared a meal like that, it's probably time to plan another one.

As I write this, I'm watching dozens of people scurry around on the church lawn as they work to set up for our annual harvest dinner (I'm feeling a bit guilty for not hauling tables myself, but the PresbNews deadline is upon me!). In a few hours about 300 people from our congregation will gather with those we most enjoy around tables full of good drink and good food. And there will be plenty of laughter and celebration. I'm looking forward to it.

One of the things this community really does well is...well...community. Time and time again I hear how those coming into this congregation sense that this is a group of people who really do enjoy being with one another. New people also tell me that they feel welcome to pull up a chair at the table.

Sure, sometimes I know we don't get it right. Sometimes people come here and don't feel welcome. Sometimes, whether knowingly or unknowingly, we exclude folks. I'm as guilty of that as anyone else.

But more often than not, we do get it right. And for that I am thankful. I really do thank God for calling me into a church that makes it a priority to truly enjoy one another, and a church that is not selfish with our community when new folks walk in the door.

One of the things that strikes me most about the first Christian community in Acts is that they were constantly committing themselves to breaking bread together and to community. (See Acts 2:42). In this respect, we really do model ourselves after the 1st century church.

I remember one of my favorite aunts always use to always say, "The family that plays together, stays together." Sounded like a quaint hallmark card slogan when I first heard it. But the more I think about it, there's some truth there.

Thank you for being a community – a family – that plays together, and laughs together, and eats good food together, and celebrates together, and gives thanks together. And thanks for being a community that always leaves an empty seat at the table as a welcome to the next person who might come along and want to join us.

I look forward to celebrating with you this Sunday!

Grace & Peace, Jeff

Poinsettias for Purchase

Faith will be selling Poinsettia plants to be used during the Hanging of the Greens ceremony and displayed in the sanctuary as we approach Christmas. There will be a sign up sheet in the Narthex for you to purchase your plant. The cost is \$7.00 per plant and may be taken home after the 11:00am service on December 23rd. Order yours now so that the church may be decorated in colorful plants during the upcoming weeks. If you have any questions, call Rick Crow at 392-9141.

Kings Games Tickets

Once again I have Kings tickets for three games this year: Tuesday, November 20 (night before vacation for students) with the Phoenix Suns; Friday, February 8 with the Utah Jazz; and Sunday, April 6 with the Los Angeles Lakers—pretty good games, huh? Tickets are \$25.50 each (the same as last year) and are available on a first come, first paid basis. I have 50 tickets for each game, but I need payment for the tickets as you order them because I have had to put the dollars up front for all the tickets. You can reach me at 428-0311 or bjtracy@comcast.net. Please limit yourself to 4 tickets for now but let me know if you would like more. Since the Kings are in the midst of rebuilding, I am not sure about the demand, but I do not have as many as I have had in the past. While I want to make sure as many people go as possible, I also don't want to be left holding tickets.



The Link Hall Welcome Center

The Welcome Center is proving to be a very convenient and pleasant addition to Faith's mission "to serve all". These folks meet and greet members, outsiders,

vendors, answer, or find answers to numerous questions. In addition, they give a hand to Kristi, our office manager, in the processing of various mailings, labeling PresbyNews, and other tasks. This relieves Kristi to do the many tasks associated with her office.

Joyce Hathaway wants to thank---Erin Ainsworth, Tyne Allianic, Tanya Anderson, Glenda Arellano, Hope Brandsma, Virgie Cornelius, Margaret Finch, Rhona Hankey, Betty Keller, Mary Masterson, Dick McMillan, Lauri Richardson, and Jan Sperling for operating the Welcome Center.

If you would like to join this group, call Joyce Hathaway (391-0249) or Kristi at 428-3439

Operation Christmas Child- November 11th after the second service

We hope that everyone will consider participating in this unique mission project. Millions of children around the world live in desperate circumstances and are in need of a little hope. Operation Christmas child is one of the many ways that we as a congregation can help share God's love at Christmas time. There are four ways you can help:

1. Donate shoe boxes- bring in your empty shoe boxes and leave them in one of the children's classrooms.
2. Donate school supplies, socks, toothbrushes, or small toys.
3. Help pack the boxes on November 11th
4. Donate \$7 towards the shipping costs

Last year, we made 75 boxes. Our goal this year is to fill 100 shoe boxes. Please prayerfully consider assisting us with this mission project. Any help will be greatly appreciated. For more information, please see the poster next to room 6. You may also contact Pam Rock, elder, Ann Johnson, or Melinda Lewis.

Nursery Upgrades- We recently added a phone and pager system to the nursery. In the next few weeks, we will be adding a half-wall to create a designated play area for our littlest ones. Although the nursery has always been a welcoming place, we look forward to offering an even more professional atmosphere to the parents, children, and visitors.

Galena Street East's

"Holiday Tapestry 2007".

**Friday December 7th at 7pm and
Saturday December 8th at 1pm and
7pm. at Hiram Johnson High School
theater, 6879 14th Ave. Gen Admission
\$15 Student/Senior \$12**

Please consider making this a Christmas tradition for you, your family and friends. It will be a big show for Austin Whitted and his cousin, Jordan Schulz, as they are performing with the company in preparation for their tour of China for the 2008 Olympics. Please email or call us directly for tickets, 682-5902. We are encouraged to pre-sale tickets this year to raise funds for the Beijing Olympics China tour. Blessings and thank you for your support, Tammi Whitted

World Music Festival

There will be a World Music Festival Saturday October 27 from 10:00am to 9:30pm at the Sacramento City College Student Center / Cultural Awareness Center. There are workshops in African, and Japanese drumming and dancing. From 7:00pm to 9:30pm there will be a free performance of Indian, Native American, Vietnamese, French, Irish, Mexican, Zydeco, Trinidad, Brazilian, Romanian, Bulgarian, Cuban and other national music traditions. For information call 558-2807

Change In Ordering Flowers

The flower ordering procedure for Sunday services is being changed. Usually, you will now be asked to personally order the flowers from a local florist, so you can order the type and cost range you want. We will use the same list for signups.

Several weeks before your turn, you'll be reminded of the proper procedure for ordering flowers, to inform the church exactly what you want printed in the bulletin for that Sunday, and of the system for paying for the flowers.

Thanks to Pat Beal for all her work these past several years in organizing, and in most cases, arranging flowers. She now has help in reminding persons they have signed up for the flowers on a given Sunday.

Thanks to Susan Potter, Ruth Burkinshaw and others who have agreed to help Pat Beal in the ordering of flowers.

It's Time For Flu Shot Clinics

In recent years, vaccine supply has been spotty. This year the CDC is expecting a record 132 million available doses, 10 million more than last year. The CDC stresses that the flu vaccine is safe, and the myth that you can get the flu from the vaccine is just that ---a myth.

Fruitridge Community Center—Oct 24th—10:30-1:00 p.m.

Sears "Drive Thru"—————Nov 6th—10:00--2:00 p.m.

Pannell Center—————Jan 3rd—10:00-2:00 p.m.

This Clinic is a "Community Flu Clinic" FREE

Cost is \$10.00 for Flu shot. Tetanus and Tetanus with Pertussis Shots will be offered for an additional \$10.00.

One Weekend. One Life-Changing Experience.

Imagine one weekend when our congregation and community join forces to serve those in need around us. When folks of all ages work together to make a real difference in our community and our world! Be a part of this awesome experience. Be a Compassion Weekend Team Leader!

On Saturday, April 19 and Sunday, April 20, 2008, folks of all ages will join together to participate in 10 to 12 service activities that have been chosen by our congregation. We'll focus on these three broad areas:

- Environment
- Education
- Human Services

Our next step is to recruit Team Leaders to head specific activities. As a Team Leader you'll work with the Compassion Weekend committee to help select specific project activities and sign up Project Leaders and volunteers. Everyone is invited to participate.

Imagine what a weekend of Christian Service will be like. Imagine being a part of it! For more information or to sign up, stop at the Compassion Weekend table in the narthex or courtyard, or contact Sue Hooper at 393-2633.

“A Child Is Waiting” at Faith – World Vision Sponsorship Days are Oct 28th - Nov 4th

You can make a difference

Today and every day, nearly 30,000 children will die, most from causes such as hunger or treatable illnesses—things that child sponsorship can prevent. By establishing a relationship with a child in need, you can answer God’s call to serve the poor. Sponsors demonstrate God’s love and transform a child’s life by helping remove the obstacles that poverty places in his or her path. Sponsorship changes the life of a child forever, and it can change your life, too!

Sponsorship changes lives

Child sponsorship transforms a life by providing basic necessities that help a child reach his or her God-given potential. Your gifts will provide access to things like:

- Clean water
- Better nutrition and agricultural assistance
- Basic health care and immunizations
- School fees and materials
- Economic development opportunities

We strive to demonstrate the love of Christ in our work. World Vision cares for the child and also strengthens the family and community to provide for the child’s continuing care. In this way, each child is equipped for the fullest life possible—physically, emotionally, and spiritually.

A faithful partner you can trust

With more than 50 years of experience in child sponsorship, World Vision cared for 2.6 million children last year through sponsors around the world. World Vision’s overhead rate is only 13%—reflecting our commitment to the highest standards of stewardship and responsibility.

Will you answer a child who is waiting?

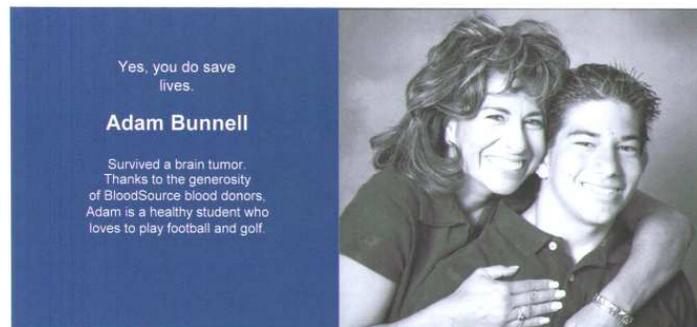
You can change a child’s life! Visit our sponsorship table on Sunday October 28th and November 4th to see photos of individual children who are waiting and hoping to be sponsored.

For further information please contact Donna Touros at 399-8650

Notes from Lay Ministry - Seminary Training Fund

Faith Presbyterian Church has spiritually and financially supported Kimberly Backlund, Cheryl Finch and now Kelsey Ingalls in their quest to become a minister of a Presbyterian Church. Faith has a budget line item for seminary training dollars support that anyone can apply for through Lay Ministry. **And**, anyone can donate in support of training of future Presbyterian pastors. If you are interested in donating to the Seminary Training Fund, contact the Lay Ministry Elder (Glenda Arellano) or any of Faith’s pastors. Your donation can remain anonymous if you so desire. Let’s continue to support people in our congregation who hear the voice of our

Lord calling them to do God’s work. We can support them through our prayers and donations. Thank you for any support you can provide.



Yes, you do save lives.

Adam Bunnell

Survived a brain tumor. Thanks to the generosity of BloodSource blood donors, Adam is a healthy student who loves to play football and golf.

In Paul’s letter to the Ephesians, he speaks of “the gifts he gave were that some would be apostles, some prophets, some evangelists, **some pastors and teachers**, to equip the saints for the work of ministry, **for building up the body of Christ**, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.”



Not-for-profit since 1948 |
www.bloodsource.org

Faith Presbyterian Church
BLOOD DRIVE
Sunday, October 28th, 8:30 am – 12:30 pm
On the Bloodmobile

Make your appointment **today!**
Please call **Tammi Whitted** at 682-5902