

# PresbyNews

(916) 428-3439, www.faithpresby.org, 625 Florin Road, Sacramento, CA 95831  
**Volume 33, No. 6 April 15, 2008**

***Sunday Services:***  
***9:00 and 11:00 a.m.***

***Sunday School:***  
*Preschool-5th grades 9 & 11 a.m.*  
*6th thru 8th grades 9 am*  
*9th thru 12th grade 9, 11 a.m.*  
*Adult Class 10-11 a.m.*

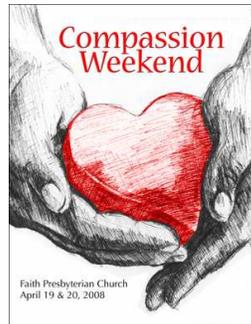
***Tuesday Nights***  
*Youth group for junior and senior*  
*high students*  
*7—8:45 pm*

**Saturday, April 19 and  
 Sunday, April 20**  
*Compassion Weekend!*  
*No morning worship service*  
*on Sunday*  
*Celebration Services at 6:30 p.m. on*  
*Saturday and Sunday*

**April 23 Women's Association**  
 Lunch will be served. Men are  
 Invited

**April 27 Family Night**

*The Presby News is published*  
*bimonthly by a team of volunteer*  
*writers. Please send your submis-*  
*sions to Editor Jim Park at*  
*JamesPark02@comcast.net*  
*Or drop off articles/photos in the*  
*church office.*



## **Celebration Services**

**Saturday April 19 6:30pm**  
**Sunday April 20 6:30pm**

After you finish your Compassion works, you can come to a worship service on both days. Even if you did not do good work on the weekend, you're invited to worship

- anyway. You are promised lots of music, praise and
- Celebration Please note that there will not be the usual Sunday
- Morning worship services.

## **P.W. meeting**

Wednesday April 23  
 Bible Study at 10:00 am  
 Lunch will be served at 11:30  
 am

Men of the church are invited. Men contact Virgie  
 Cornelius 747-3827 or Kitty  
 Tatro 393-4734

Our speaker will be Fred  
 Graebe. He will be talking  
 about his father's one man efforts, (Herman Frederick 'Fritz'  
 Grabe) who at the risk of his life and the lives of family  
 members to save hundreds of Jews from certain death.





## Pastor Quinn's Column

On Sunday I suggested that we are in a time that can be equated with being in an "engagement with heaven". Here is an excerpt from my sermon;

"In Jesus Christ God has committed God's self and God ways completely to us, & has opened the way for us to fully commit ourselves and our ways to Him. We soon will be wholly together but we are not quite there." In other words, the Kingdom of heaven is "already but not yet" here.

I am not sure what engagement was like for those of you who are, or have been married, but for me it was a hard yet rich time in my life and for my relationship with my husband. I said in the sermon that I hated engagement because of the boundary...the "not quite there" part. I still stand by that, but I wouldn't give that time up for anything. Engagement was a season of incredible openness, discovery, forgiveness, self-control, explanation (our engagement was a surprise to some) and discernment. The boundaries of engagement (physical & emotional) allowed us to face our promised union with clear mindedness, honesty, patience and respect. I faced some questions and fears in this time that would have gone under the radar if I wouldn't have agreed to a season of engagement.

I am not suggesting that we should hold back from giving ourselves and our ways fully to the Lord (here is where the analogy kind of falls short). Rather what I am suggesting here is that although our hearts, bodies and minds may scream WHAT ARE YOU WAITING FOR Lord?!?!?! (and many have discounted God's existence because Jesus hasn't shown up yet) we can be assured that this time is not for not...it holds riches for our lives and our relationship with the Lord beyond measure. We just have to agree to be in engagement. To submit to the season with all it's joys and trials.

In God's good timing we will become one; heaven and earth will converge completely. God's knows what He's doing, and I whole heartily believe that there is incredible richness in this time of engagement with heaven. God is etching the habits of heaven in us; moving toward revealing the glory of heaven in us and mature us in our daughter/sonship. (Please open up your bible right now and read Romans 8:18-27) As we face the hurts, pains, sins and brokenness in our world & long for Christ to come, we are given God's heart for the world. As we need His presence with us to be "little bits of heaven" here in a hellish world, we learn to let the Holy Spirit pray for us. As we feel the effects of sin in our own lives, we stand in the forgiveness that only Christ can offer. As we ask for forgiveness, we are also sent to give forgiveness to others. As we fall in love with our Lord, we join in with all the angels of heaven singing Holy, Holy, Holy.

What does this long engagement with heaven have for us who have been on this journey for a while...10, 30...80 years? Every day isn't one more day Jesus didn't show up, it is one more day of living in God's patience, forgiveness & hope; one more day of being transformed and prepared for the fullness of heaven. The good news is that transformation is a life long journey (yes that is good news)...most masterpieces do not happen overnight and most things grow better with age; they age to maturity (good wine, good friendships, cast iron pots & stoneware.)

### *Give Blood for The Powell's Daughter*

Put "saving life" on your to-do list. Leukemia patients like Terri Powell Strack rely on donated blood to keep them strong and healthy when they need it the most. You can help. When donating at any BloodSource location, mention #4280 to credit Terri's blood account. For every pint donated, another pint is available for Terri to use. Help Terri win her fight against cancer, and give the gift of life in the process.



## SUNDAY SCHOOL NEWS

**Vacation Bible School-** We are looking for youth and adults that are interested in helping with VBS this year. We will be offering a morning session from 9-12noon and an evening session from 6-8pm. There are many opportunities to serve from decorating committee to center leader. Please contact Melinda Lewis or Pam Rock, elder.



### VBS- Surfin' Through the Scriptures

July 7-11

\*We will begin accepting registrations on May 1<sup>st</sup>.

**Family Fun Night-**Our next event is on Sunday, April 27 from 5:30-7:30. This is a great opportunity for your child to have fun with some of the other children of the church. We would love to have you join us.

*I give thanks, oh Lord, with all my heart...I praise your name for your unfailing love and faithfulness.*  
Psalm 138: 1-2

How do we as parents help our children worship God beyond Sunday morning?

- Help your child learn and say a prayer before a meal.
- Talk about one blessing you experienced that day.
- Read a devotional with your child (most of them take about five to ten minutes).

If you see something eye-catching, point it out to your child.

This list is not comprehensive, but is intended to help you think of some simple ways to encourage your child in his/her faith journey. Every day in Children's Ministry is a blessing!

Peace and Grace,  
Ms. Melinda



## Feed Yourself This for a Flatter Belly

We've all got those pants in the back of the closet that we're dying to fit into again. Did you know that whole grains might help you get there? It's true. When dieters traded their usual refined-grain carbs (like white rice or plain bagels) for whole grain products (like whole-wheat bread pasta) they lost even more belly fat.

### Strive for five:

Dieters mistakenly believe they have to pass on carbs. But low-cal dieters in a recent study ate as many as five servings of whole grains and still lost weight.

The whole grain lovers also scored a win on heart health. Their blood levels of C-reactive protein-a plasma protein lined to heart disease--dropped 38 percent compared with no change at all in the refined-grain group.

# Men's Retreat



**MAY 30-JUNE 1**

Men of all ages: Mark your calendar and save May 30-June 1 for our 1st Annual Men's Retreat at Westminster Woods. Rev. Dan Fowler will be our speaker and facilitator. Known to many as Faith's former Associate Pastor, Dan is the pastor at First Presbyterian Church in Ft. Bragg, since 2003.

Who's invited? Faith's men of all ages and boys in first grade and older. This will be an intergenerational retreat. We'll talk, pray and listen together as Dan leads us in fellowship and spiritual enrichment. This is an opportunity for fathers and sons to learn about each other in a different setting.

We'll also hike, build campfires, (be sure to talk to Jeff about his MANFIRE), and worship together outdoors under the trees. Optional activities include the Challenge Course, accompanying Paul Keller on a field trip and hike to Bodega Bay, visiting nearby Occidental, walking the Labyrinth and, for some of us, taking a delicious nap in the afternoon. The food is good at "The Woods" and so are the trees, meadows, refreshing air and mild summer temperatures.

Sign-ups are going on now.. The cost is \$115 per person for two nights and four meals. This is for the standard cabins with bunk style beds. The only optional extra charge is \$40 for the Challenge Course for which a minimum age of eight is recommended. For a few of the seniors we have rented Hilltop House at \$175 a person. It has beds, linens, full bathroom and kitchen – all the comforts of home!

Some may want to pitch their tents and camp in a meadow for \$62 per person for the weekend, including three meals on Saturday and Sunday brunch.

We're expecting 40 or more men and boys to join in the fun and fellowship, including Pastors Jeff, Jim and Patrick.

## S.S.I.P Annual Dinner Scheduled



The South Sacramento Interfaith Partnership is having their annual dinner and silent auction on May 7 across the street at St Anthony's. Social hour is 6 pm (time to look at the auction items) and dinner at 7 pm. Tickets are \$20 per person. Check with Betty Park about buying yours. This is a fundraiser for Food Closet operations and for the proposed new Food Closet Building.

## For Those Who Have Never Been Baptized

An incredibly exciting event in the life of our congregation is coming this May 11<sup>th</sup>. That day is Pentecost Sunday, the day we celebrate the coming of the Holy Spirit to earth and the birth of the church. It's also the annual date when we take time to focus some of our worship on the gift of the sacrament of baptism

There are people who have been active in the life of the church but who have never been baptized or have never had their children baptized

For some of us our baptism is so distant that we long to re-experience our baptism in some way.

On May 11 we will baptize those who are ready to make a commitment of their life to Jesus Christ as Lord and Savior. We will also welcome parents who are already committed followers of Jesus Christ to have their children baptized. And for those of us who are already baptized, we will offer the wonderfully rich practice of re-affirming our baptismal vows. **If you would like to explore baptism that day for yourself or for your children, please contact Pastor Jeff Chapman here at church (428-3439 or [jchapman@faithpresby.org](mailto:jchapman@faithpresby.org)) . We will hold a baptism class on Wednesday evening, May 7<sup>th</sup>.**

[www.youthrockatfaith.typepad.com](http://www.youthrockatfaith.typepad.com)

1) **Compassion Weekend—April 19 & 20th**

Instead of having worship service we are serving others as worship. We can make a difference with our faith when we serve like Jesus did (*and you can get Community Service hours @ the same time!!*). See insert & contact Sue Hooper 393-2633 Come for celebration services at 6:30 both nights.

2) **2nd Youth Extravaganza - May 18th**

@ Chinese Community Church 5600 Gilgunn Way, Sac. 95822 @ 6:30—8:30 pm. Hundred (+) youth, huge games, a powerful message and food!!!

3) **Boys In The Woods—May 30th—June 1st**

All Guys & All ages retreat at Westminster woods. Don't miss this guys! See Patrick for details.

4) **Youth Sunday & Youth Banquet—June 8**

You are running both services and bringin' the Word this Sunday! Afterwards @ 4-6pm we gather families and friends to celebrate our graduating Seniors & rising 9th graders, and we recognize our Leaders.

5) **Rehearsal June 7th @ church 1—4pm**

6) **Two Weeks off of Youth Group—June 17th & June 24th**

7) **Hot Summer Nites begins July 1st**

## Youth Rock!



I don't need a stinking ipod.  
I've got BoomBox Pants

**HOT SUMMER INFO. ATTACHED!!**

Hot Summer Nites,  
Hot Summer Fun  
Events  
&  
Hot Summer Youth  
Service & Discipleship

**All events which include rides need permission slips!!!**

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[pvaughn@faithpresby.org](mailto:pvaughn@faithpresby.org)

## Every wonder what Presbyterian Women do each month?

P.W. is not just for old white haired ladies, it is for all the ladies of the church. The organization meets monthly on the 4th Wednesday with Bible Study preceding the General Meeting (luncheon, program, and a brief business meeting.) Since there are no membership dues and/or pledge drives, PW does not have a budget per say; however ,offerings given to PW National are identified as The Fellowship of the Least Coin, the Thank Offering, the Birthday Offering, and the Mosquito Net Offering. Faith PW contributes generously to these specific mission causes as well as to World Vision and local community needs. Following are the projects:

### Regular Annual Sponsorships

PW Worldwide	\$225.00
Sacramento PW Presbytery	\$50.00
Church Women United	\$50.00
PW in Synod	\$ 50.00
Least Coin	\$ 77.39

**Total Annual Church Sponsorship      \$452.39**

### Mission Projects

Weave Christmas pajama./slipper offering	\$700.00
Faith Christian Education Program	\$250.00
Brick by Brick Brazil Program	\$500.00
Kathy Keller Tanzania Camper Program	\$250.00
Kathy Keller Placemat supplies	\$87.00
April Birthday Offering	\$237.00
Mother's Day Mosquito Net Donation	\$1,060.00

**Total Mission Giving      \$2,847.00**

**Total Annual Contributions      \$3,299.39**

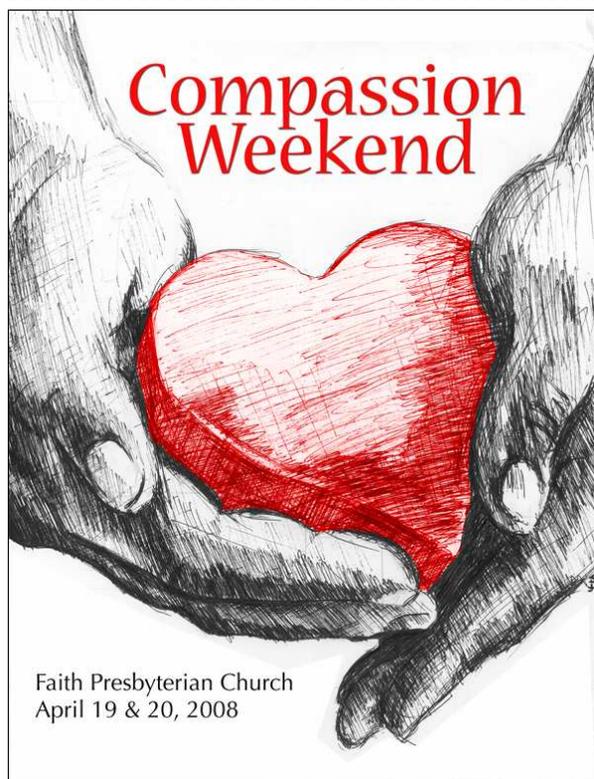
## Keep The Compassion Going!

The 2008 Very Special Festival of the Arts will be held **Friday, May 16, 2008 at Coloma Community Center** (4623 T Street, Sacramento, CA, 95819) from 9:30 am – 12:30 pm. Over 1,700 children with and without disabilities will be participating. You would do these very special artists a great honor by serving as a volunteer for this one-day event. Many people from Faith have been part of this event over the past several years. (Our own Janet Leader and Gwen Markuson are also teachers in the Very Special Arts program!)

The purpose of the Festival is to showcase the talents and accomplishments of children with disabilities. The very special artists will be presenting a Performing Arts show and a Visual Arts Show as well as participating in Funshops (hands-on workshops in the Arts). They will also enjoy snacks and take home artistic souvenirs.

Volunteers are essential to the operation of the Festival. Help is needed any time between 8:00 am until 2:00 pm in: setting up (tables, chairs, Visual Art Show, Funshops), assisting with the Funshops, and cleaning up. Volunteers will be treated to a FREE pizza lunch and other refreshments.

If you have any questions and/or would like to sign up to be a volunteer, please contact ALICE PARENTE at **916-277-6747** or [vsas77@earthlink.net](mailto:vsas77@earthlink.net). Thank you for your support and consideration. You are needed, and you are appreciated!



*Thanks to all those  
who will be  
participating in  
Compassion  
Weekend activities.  
Enjoy doing God's  
work in the  
Community!*