

# PresbyNews

(916) 428-3439, www.faithpresby.org, 625 Florin Road, Sacramento, CA 95831

Volume 33, No. 6 April 29, 2008

**Sunday Services:**  
9:00 and 11:00 a.m.

**Sunday School:**  
Preschool-5th grades 9 & 11 a.m.  
6th thru 8th grades 9 a.m.  
9th thru 12th grade & 11 a.m.  
Adult Class 10-11 a.m.

**Tuesday Nights**  
Youth group 7—8:45 pm  
junior and senior high students

**Saturday May 3**  
Bluegrass Music 7:30 pm

**Sunday May 4**  
Food Closet, Confirmation  
P.W. Mosquito netting project

**Sunday May 11**  
Mother's Day, Baptism  
Pentecostal Offering  
P.W. Mosquito netting project

**Sunday May 18**  
Ordination Sunday  
Youth Sunday

**Sunday May 25**  
Jazz Sunday/Spring Brunch  
Faith Family Fun Night 5:30pm

**May 30-June 1**  
Men's Retreat at  
Westminster Woods

*The Presby News is published bimonthly by a team of volunteer writers. Please send your submissions to Editor Jim Park at JamesPark02@comcast.net Or drop off articles/photos in the church office.*

## Networkers Mother's Day Project Mosquito Nets For Africa



The Presbyterian Women are again this year sponsoring Mosquito Nets for Africa for Mother's Day (May 4th & May 11th). The NetWorkers Mother's Project is an opportunity for Presbyterians to help protect women and children in Africa from Malaria, while we honor our own mothers. Working together, International Health Ministries and Presbyterian Women make attractive Mother's Day cards available, in exchange for donations to the NetWorkers Malaria Prevention Program. Donations to this mission actively provide mosquito nets and malaria prevention education to families in Africa. Thousands of women and children have been protected from malaria, thanks to the generosity of Presbyterians who have sent over 100,000 NetWorkers Mothers Day cards to loved ones since the project began in 2001. Each year in sub-Saharan Africa, Malaria causes more than one million deaths; most of them are children under five and pregnant women. Malaria is the number one killer of children under five in Africa, claiming 3,000 young lives every day. Women are four times as likely to contract malaria during pregnancy and twice as likely to die from it. Using insecticide-treated mosquito nets plus malaria prevention education significantly reduces these tragic statistics. Look for any P.W. in the Narthex May 4th and May 11th, donate to this worthy cause, and receive a Mother's Day Card. We are asking for a \$10.00 donation but any amount will be accepted.



## Help Celebrate 30 Years in Ministry for Peter Buehler

This May Peter Buehler, who served as Faith's Senior Pastor for 15 years, will celebrate 30 years in ministry as a Minister of Word and Sacrament in the Presbyterian Church. This is an extraordinary accomplishment and well worth celebrating. The Presbyterian Church in Santa Barbara, where Peter currently serves as Pastor, will honor him the weekend of May 30<sup>th</sup>. If you'd like to send a note of congratulations and thanks to Peter, you can send it to the church there at:

Peter Buehler c/o First Presbyterian Church of Santa Barbara  
21 E. Constance Ave., Santa Barbara, CA 93105

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## Thanks for your Compassion!

A huge “thank you” to everyone who participated in our first Compassion Weekend! Whether you participated in a project or prayed for those who did, this tremendous outreach effort would not have happened without all of you.

At the end of the weekend more than 300 volunteers participated in 14 service projects:

One million stitches were knitted; 30 blankets made; 200 flowers planted; 400 portions of food made and distributed to 34 people; \$4100 was spent on military families in the form of food, supplies, and gift cards; 45 gallons of paint was used; 123 55-gallon bags of garbage was collected; 1,000 education kits were assembled; 900 prizes were given out to needy kids; and 30 oak trees were planted.

God was surely pleased with all that we did.



## Keep the Compassion Going!

The 2008 Very Special Festival of the Arts will be held Friday, May 16, 2008 at Coloma Community Center (4623 T Street, Sacramento, CA, 95819) from 9:30 am – 12:30 pm. Over 1,700 children with and without disabilities will participate. You would do these very special artists a great honor by serving as a volunteer for the one-day event. Many people from Faith have assisted this event over the past several years. (Our own Janet Leader and Gwen Markuson are also teachers in the Very Special Arts program!)

The purpose of the Festival is to showcase the talents and accomplishments of children with disabilities. The very special artists will present a Performing Arts show and a Visual Arts Show as well as participate in Funshops (hands-on workshops in the Arts). They will also enjoy snacks and take home artistic souvenirs.

Volunteers are essential to the operating the Festival. Help is needed any time between 8:00 am — 2:00 pm: to set up (tables, chairs, Visual Art Show, Funshops), assist with the Funshops, and clean up. Volunteers will be treated to a FREE pizza lunch and other refreshments.

Any questions? Would you like to sign up as a volunteer? Please contact ALICE PARENTE at 916-277-6747

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## Food Closet Needs Help—Sunday May 4

Food closet is helping more people than ever (up to 70 families a day), making it difficult to keep the shelves stocked with food. In addition to your regular generous donation of food on the first Sunday of the month, May 4<sup>th</sup>, why not look through your cupboards for extra cans of food that you no longer want, or breakfast cereals that the kids will no longer eat, or packages of pasta. Call Betty Park for information.

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## S.S.I.P Annual Dinner/Silent Auction Thursday May 7

The South Sacramento Interfaith Partnership is having their annual dinner and silent auction across the street at St Anthony’s. Social hour is 6 pm (time to look at the auction items) and dinner at 7 pm. Tickets are \$20 per person. Check with Betty Park about buying yours. This is a fundraiser for Food Closet operations and for the proposed new Food Closet Building.





## Generation Soup

Some time ago things were different for kids.

No, I'm not talking about having to walk five miles to school through the snow, uphill both ways. And no, even though these are huge differences, I'm also not talking about personal computers, or I-pods, or Facebook, or text-messaging.

Yes, there are countless ways today's world is different for kids. The difference I have in mind, however, isn't one that gets talked about a lot. You see, my understanding is that several generations ago things were different in that kids weren't just surrounded by other kids. I don't know how far back you need to go to find that this was true, but I believe that at some point in history kids had many, many more interactions with people from other generations.

Unfortunately, however, things have changed. Most kids today, even all the way through high school, develop very few relationships with adults outside their own family. And even within families, too often kids don't even have close relationships with grandparents and aunts and uncles. Sometimes, of course, this is a matter of geography. Sometimes it's a matter of the hectic pace of life. Mostly, this happens because few people are working hard to keep it from happening.

To me, this is tragic. Because for some time now I've been convinced that there is so much to be gained when people from different generations build relationships, listen to each other, and learn from each other. Teenagers today have so much to gain from friendships with seniors. And, believe it or not, most seniors could also learn a great deal from this current generation of children and youth.

It strikes me that the church may be, in fact, one of the very last places in our culture where this mixing of the generations can happen. Think about it. Where else do people of all ages come together regularly and do the wide range of activities that we all share here in the church? I challenge you to think of even one other venue in society where that happens.

Some churches, sadly, miss the boat on this. So many congregations have, for instance, youth missions, youth worship, youth classes, youth outreach, youth fellowship. And then even though different generations are a part of the same congregation, all the activities of the church are separated out by generations. Little interaction between people of different ages happens. So much is missed.

One of the reasons I love Faith is that this community has made a commitment (sometimes it's just an unspoken commitment) to mix the generations together. We do mission together. We do worship together. We do fellowship together.

Recently, I've loved seeing some brilliant examples of this. Eleven Confirmation students just finished six months of intensive preparation for church membership and during the whole process they worked together with eleven adult mentors, exploring faith *together*, building friendships *together*. In about a month we'll hold a men's retreat that will combine 8 year-olds and 80 year-olds *together* on the same retreat. I can't wait!

Sometimes, trying to mix up generation soup like this is not easy. We don't always talk the same language. We don't always like the same music. We don't always have the same ideas about what a church would look like. But for all the challenge, I'd never want it any other way.

For one, I am so thankful that my own two children (along with all our other kids) are growing up in a community where they will have relationships with dozens and dozens of remarkable adults of all ages from whom they will gain (and give, at times) wisdom, insight, love and friendship. Frankly, I wouldn't want it any other way.

I look forward to worshipping with you, and all sorts of people who aren't my age, this Sunday!

Grace & Peace,

Jeff

## Women of Faith Return

What happens when 39 faithful women converge on a foot-hill conference center for the weekend? Much talking, listening, praying, and singing lead to new and stronger relationships with each other and with God.

At the retreat we dedicate our Sunday offering to a local charitable cause. This year we brought new items that can be used by clients of WEAVE. The staff at WEAVE was very excited to receive the following items:

6 sweat pants, 3 sweat shirts; 1 garment bag; 5 umbrellas, 15 pajama sets; 2 pairs slippers, 1 bra, 3 pairs socks, 35 children's books, 1 story telling kit, 7 towel sets; 4 bath towels, many tooth brushes and \$65.00.

This is an easy & direct way to support women in crisis.

The 10<sup>th</sup> Annual Women of Faith Retreat was a tremendous success. Plans are I process for the 11<sup>th</sup> annual retreat. When a site is secured we will make the announcement. ---- Ilah Turner



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## Grand PW Luncheon

The April 23<sup>rd</sup> Presbyterian Women meeting featured a talk by Fred Graebe about the perilous adventures of his father, who saved many Jews from the Nazis during WW2. Fred is shown here. Men were invited to this special meeting to hear Fred's story. An added bonus was a magnificent buffet table.

New PW officers were elected:  
Moderator—Barbara Tracy  
Vice Moderator—Ardith Ramsdell  
Treasurer—Ruth Collier  
Secretary—Kathy Pehrson



## Health Ministries Beverage Wars: Juice vs. Tea

Which is better for your brain--a glass of juice or a cuppa tea? When it comes to preventing Alzheimer's, juice may have the edge. In a recent study, three servings a week reduced Alzheimer's risk impressively. Polyphenols in juice may be one of the best things that's ever happened to your brain. The ones in apple and citrus juices, in particular, are very brain friendly. That's because they're able to cross the blood-brain barrier. Once inside your head, they can protect neurons from damaging chemicals associated with Alzheimer's. Some of those polyphenols, like quercetin, also squelch inflammation.

Tea is still great. Of course this juicy news about protection against Alzheimer's doesn't mean it's time to toss your tea. Tea still has lots of healthy benefits. Tea is great for your heart, and helps stress.

## Children's Ministries



WOW!!! VACATION BIBLE SCHOOL IS COMING  
JULY 7<sup>th</sup>-11<sup>th</sup>  
THE THEME—SURFIN' THRU THE SCRIPTURES

Watch for upcoming meetings if you want to help at this fun week.

Hope you all had fun at Compassion weekend.

YOUTH SUNDAY IS MAY 18<sup>TH</sup> and so is the Sunday school teachers' breakfast.

THIS MONTH IN SUNDAY SCHOOL: (age 4- 1<sup>st</sup> grade)

May 4<sup>th</sup> --Visiting Lydia – Paul and Silas Go to Prison—Acts 16:11-40

May 11<sup>th</sup>----Shipwrecked-New friends for Malta-----Acts 28:1-10

May 18<sup>th</sup>----Who is the Best: - Jesus has welcomed news---Mark 9:33-37

May 25<sup>th</sup>----God's Clothing-Putting on Compassion-----Colossians 3:12-17

CHILDREN'S WORSHIP(2<sup>nd</sup>- 6<sup>th</sup> graders)

They hear the same scripture that is read in the service, but Melinda makes it so the children can understand it. So, parents, don't forget to talk with your kids about the sermon. What a great way to share and learn more about the Bible.

If you ever have questions or want to help teach or share something with the children's activities come to a Children's Ministries meeting, usually the 3<sup>rd</sup> Sunday of the month after the second service...or call Melinda Lewis or Pam Rock..

Come and check out the library books in Melinda's office.....Thanks Gail Kinkennon !!!  
Thanks also to the Presbyterian Women's group who gave us a great donation to get us started!!!!!!

Peace in Christ,



## Bluegrass & Gospel This Saturday May 3 7:30 pm

You can have a great evening of old-timey bluegrass and gospel music this Saturday, May 3, 7:30pm at Faith.

Jenny May and the Faith Bluegrass Band will open the program for Frank Ray and Cedar Hill, an award-winning Missouri bluegrass band.

## **MEN'S RETREAT MAY 30-JUNE 1**

Men of all ages: Save May 30-June 1 for our 1st Annual Men's Retreat at Westminster Woods. Rev. Dan Fowler will be our speaker and facilitator. Known to many as Faith's former Associate Pastor, Dan is the pastor at First Presbyterian Church in Ft. Bragg, since 2003.

Who's invited? Faith's men of all ages and boys in first grade and older. This will be an intergenerational retreat. We'll talk, pray and listen together as Dan leads us in fellowship and spiritual enrichment. This is an opportunity for fathers and sons to learn about each other in a different setting.

We'll also hike, build campfires, (be sure to talk to Jeff about his MANFIRE), and worship together outdoors under the trees. Optional activities include the Challenge Course, accompanying Paul Keller on a field trip and hike to Bodega Bay, visiting nearby Occidental, walking the Labyrinth and, for some of us, taking a delicious nap in the afternoon. The food is good at "The Woods" and so are the trees, meadows, refreshing air and mild summer temperatures.

Sign-ups begin Sunday, April 6. The cost is \$115 per person for two nights and four meals. This is for the standard cabins with bunk style beds. The only optional extra charge is \$40 for the Challenge Course for which a minimum age of eight is recommended. For a few of the seniors we have rented Hilltop House at \$175 a person. It has beds, linens, full bathroom and kitchen – all the comforts of home! Once the cabins fill up, a few may want to pitch their tents and camp in a meadow for \$62 per person for the weekend, including three meals on Saturday and Sunday brunch.

We're expecting 40 or more men and boys to join in the fun and fellowship, including Pastors Jeff, Jim and Patrick.



### **Shirley Burbank Thanks You**

*Thank you for the thoughtful cards and cheering phone calls. I am so happy to hear from my church family. My case of shingles is slowly healing. Love and hugs. Shirley Burbank*



## What We Made at ARCO This Season

We worked a total of 11 Kings games. The Faith God's Green Earth Committee raised \$900 by working one game. With the approval of the Session, we raised \$1030 for a Special Offering to The First Presbyterian Church of Fort Bragg (Rev. Dan Fowler) as a special thanks to Dan in recognition of his efforts establishing the ARCO and Phantom Fireworks fund-raisers.

The remaining 9 games were worked for the Faith ARCO fund, supporting our Youth Ministries and activities. The total raised for the ARCO fund was \$7,752.81. So, our total earnings at ARCO, for all 11 Kings games, was \$9682.81.

A big "thanks" goes to all the ARCOfaithfuls who come out to ARCO for each game we work and make it all happen. You certainly are the BEST!!

Paul Keller

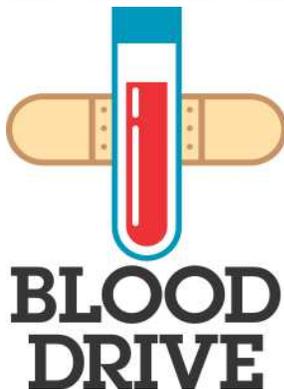
## *Boomers and Beyond Conference Set Zephyr Point June 1st—June 5th*



The Zephyr Point Presbyterian Conference Center is offering a band-new conference called "Boomers and Beyond." Older adults (do you Boomers see yourselves as "older?") can share their stories about Faith, Bible and Mystery. The date is June 1st through 5<sup>th</sup>.

Cost for the week is \$410 for shared housing. A single room is \$556. Fine meals are provided from Sunday dinner to Thursday lunch. The facilities are like a modern hotel with a nice dining area and great meals.

There may be some brochures around Faith or you can get more information by calling 775-588-1835.



### *Give Blood for The Powells' Daughter*

Put "saving life" on your to-do list. Leukemia patients like Terri Powell Strack rely on donated blood to keep them strong and healthy when they need it the most. You can help.

When donating at any BloodSource location, mention #4280 to credit Terri's blood account. For every two pints donated, another pint is available for Terri to use. Help Terri win her fight against cancer, and give the gift of life in the process.

# Be a Master Greeter!

There is only one opportunity to make a first impression.  
There are many ways you can leave a lasting impression.

**Saturday, May 17, 9 a.m.- Noon**  
**Faith Presbyterian Church**

*Master Greeter Rich Liedtke will train & equip persons to be more effective in meeting and greeting each person that they meet.*



*Elder Holly Dawes, Westminster Presbyterian Church, Sacramento, who has taken Rich's training shares: "This training changed me. Not only do I greet people at church in a new more God-filled way, I do it differently wherever I go."*

**\$15 per person**

**Please register by May 9 to assure your seat at this event!**

*This event is sponsored by Presbytery of Sacramento Congregational Support Ministry Group.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Church, City \_\_\_\_\_

Send to: Be a Master Greeter, Sierra Mission Partnership, 9985 Folsom Blvd., Sacramento 95827. If you have any questions about this event, call (916) 414-2080/(800) 292-4700.