

Sunday Services
9:00 and 11:00

Sunday School P-5th: 9 and 11

6th – 8th Grade: 9 am
9th – 12th Grade: 11 am
Adult Class: 10 – 11

May 9
Mother's Day

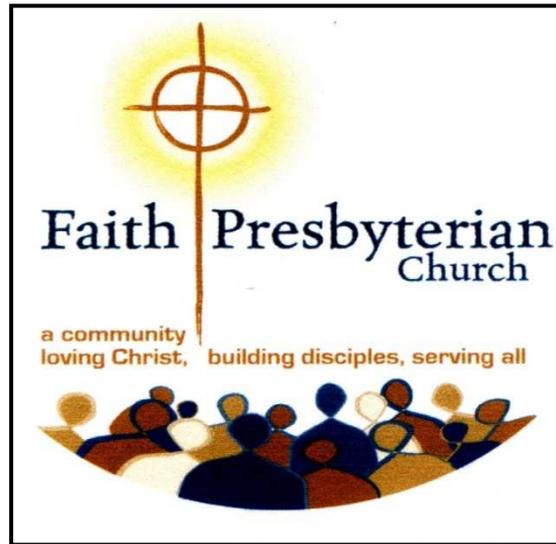
May 16
Youth Sunday

August 1 - 7
Summer Mission Trip

*The PresbyNews is published monthly
by a team of volunteer writers.*

*Please send your submissions to Editor
Jim Park at
JamesPark02@comcast.net*

*Or, drop off articles/photos
in the church office.*



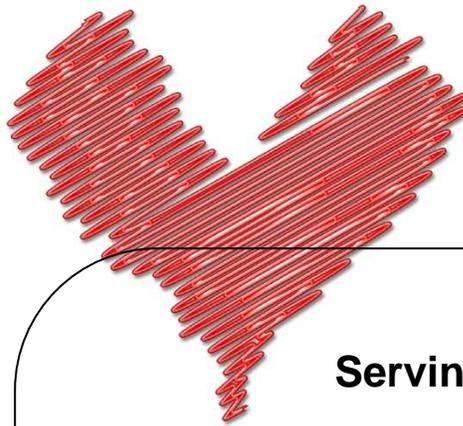
PresbyNews

May 4, 2010
Volume 35 Number 6
Published at
625 Florin Road
Sacramento CA 95831
916-428-3439

www.faithpresby.org

Pastor Jeff Chapman
Associate Pastors
Jim Zazzera,
Patrick Vaughn, Quinn
Vaughn

Next PresbyNews Deadline
May 16



Serving All....

Compassion Weekend 2010!

Nearly every Sunday these words emblazon the cover of our bulletins. They serve to remind us what it is that we are about here at Faith. ***A Community Loving Christ, Building Disciples, Serving All.*** That is what we believe God is calling us to become. In many ways, that is what we already are.

See Page 3 for Part 3 of Jeff's column on the topic of What Sort of Church Are We Supposed to Be?

Also, see pages 8 and 9 for details of this year's very successful Compassion Weekend.

A Season of Planning

I've heard about Session creating a Long-Range Staff Planning Task Force. What's up with that?

Faith's Session has been engaged in what some have described as a "season of planning" for the past couple of years. Last year, Session completed the development of a Vision-Action Plan. This new plan describes a wide range of actions that are aligned with Faith's Vision of being "*A community loving Christ, building disciples, serving all.*" You may have been reading about this plan in a recent four-part series in the PresbyNews. A special Mission Task Force also completed its work last year as well, concluding that Faith's local mission focus would be to address hunger and homelessness in Sacramento, while the global focus would be to bring hope to the people of Ethiopia. The Building Task Force is now at work, evaluating the needs and priorities of our physical facility.

So what does all this have to do with "Long-Range Staff Planning"? Session has formed this task force to determine the level of staffing that Faith needs in order to respond to all of the plans we have since embraced.

The Long-Range Staff Planning Task Force began its work by studying how our current staffing level compares to other Presbyterian churches in the area, particularly those that are similar in terms of membership and worship attendance. We also reviewed how Faith's staffing complement has changed over the years.

Did you know that our present staff size is virtually the same as it was in 2000? Ten years have passed and there have been many staff member changes, but Faith's staff complement, in terms of full-time equivalents, is virtually the same as it was ten years ago. Yes, we have four ordained pastors, but only Pastor Jeff is full-time; pastors Jim, Patrick and Quinn are each half-time.

The task force is primarily focused on making sure we have adequate staff in place, over the long term, to address the goals and objectives described in the new Vision-Action Plan. We are not only considering the number of staff members, but also their hours and the alignment of their duties.

The final product to be produced by this task force will be a set of recommendations that will be presented to Session for its consideration. Any decisions to make changes in the terms of call of ordained staff will then, of course, be brought to the congregation for approval. The task force appears to be on track to present its recommendations to Session within the next 60 days.

The members of the Long-Range Staff Planning Task Force are, Sue Hooper, Christine Mendoza, Rick Stern, Ilah Turner, Walt McDaniel and Jeff Chapman. We would love to hear from you if you have comments or suggestions that would be helpful to our work.



Plant One for Food Closet!

If you are planting a vegetable garden this Spring, plant one zucchini plant dedicated to Food Closet. Bring the crop to church and put with Food Closet donations.
Small zucchini are better than big ones.

What Sort of Church Are We Supposed to Be?

Part III ~ A Church Serving All

Nearly every Sunday these words emblazon the cover of our bulletins. They serve to remind us what it is that we are about here at Faith. ***A Community Loving Christ, Building Disciples, Serving All.*** That is what we believe God is calling us to become. In many ways, that is what we already are.

In this four part column we are looking together at how our current leadership is working to see this vision become reality here at Faith. In parts one and two I shared how we are trying to become a church who loves Christ and builds disciples. In this third part I want to share with you a bit of what we think it means to serve all. How are we trying to become, with God's help, a community that shares the love of Christ with the world around us?

Christ's mission from God was one of reconciliation. He came to bring reconciliation between God and humanity, between humans one to another, and between humanity and the rest of creation. All that God has created, God wants to set right.

In Luke 4:18-19, Jesus articulated his mission by quoting the prophet Isaiah:

The Spirit of the Lord is upon me because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind; to set at liberty those who are oppressed, to proclaim the year of the Lord's favor.

That mission is to also be the mission of God's people, the church. Mission, somebody has once said, is to be the DNA of the church. We, like Jesus, are to seek justice for others, help people to see clearly (both physically and spiritually), preach good news to the poor, and provide restoration. We are to be co-workers with God in seeing the Kingdom of Heaven come to earth so that all things in this world would be put back the way they are supposed to be.

"Serving all" involves witness, sharing the message of the Gospel in *word*. We are to tell people of the hope, grace and salvation that is freely available to them in Jesus Christ. We are to bear "witness" to that message, testifying to how we have experienced it in our own lives and interpreting it for others in their lives.

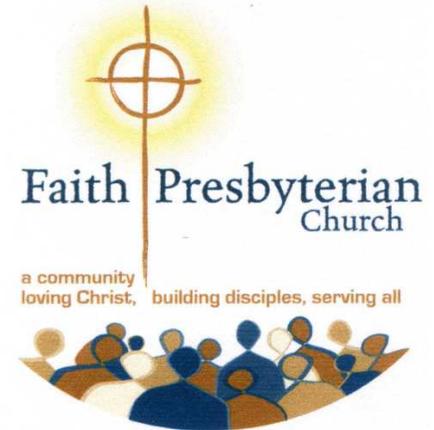
"Serving all" also involves mission, sharing the message of the Gospel in *deed*. We are to care for the poor by using our resources (e.g. finances, time, possessions, abilities) to help meet people in need. We are to suffer alongside others, allowing our hearts to be broken by the things that break the heart of God. In doing so, we show those who suffer that God is near.

You might say that this (i.e. serving all) is the end goal of our calling at Faith. We love Christ, gather in community, grow as disciples *so that* we can be sent out into the world to serve the world as Christ served the world.

So how do we do that? What sorts of things is our leadership trying to promote here at Faith to encourage us all to serve? Our Session has determined that at this time the following main ministries will best serve this purpose.

To begin with, when it comes to mission we are in the process of choosing both a local and a global emphasis. After extensive surveys of the congregation and much prayerful discussion, our elders have designated our local focus to be the fight against hunger and homelessness here in Sacramento. This is a fight many in our church already have engaged in. And many of our ministries, including Family Promise, SSIP Food Closet, and Loaves and Fishes, address these needs. We will be, however, exploring how we can do more to help in the years to come.

Globally we have felt led to explore a long-term relationship with World Vision in the Abaya region of Ethiopia. As you may know, a team recently returned from a vision trip to that region to learn all we could before making a commitment to serving our brothers and sisters in that part of the world.



While we certainly can't do it all when it comes to serving the poor, we do want to do our part. And we do think it will help to focus our efforts in a couple of deliberate areas. In addition to these emphases, however, know that we encourage other expressions of mission service to develop within our congregation as the Spirit leads.

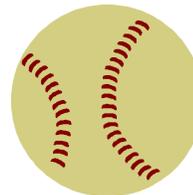
Ultimately, we are committed to doing our best to helping every individual and family at Faith discover and implement their gifts and passions for the service of Christ in the world. For instance, "Pathways to Service" and "Time and Talents" are examples of wonderful tools we want to use to help people find their place of service within the congregation and beyond. Whether that be teaching children in Godly Play, singing in the choir on Sunday mornings, or serving meals to homeless families at Family Promise, all of us, in one way or another, has been gifted and called by Christ to serve the world around us.

What a joy it is to serve a congregation that already has such a commitment to servanthood. Recently, Compassion Weekend was such a demonstration of this as hundreds of members of this congregation rolled up their sleeves and went out to care and serve others in our community. In the end, I think those of us who served would say that in doing so we received at least as much as we gave.

I look forward to worship with you this Sunday as we seek to learn more about how Christ is leading us to serve our world.

Grace & Peace,

Jeff



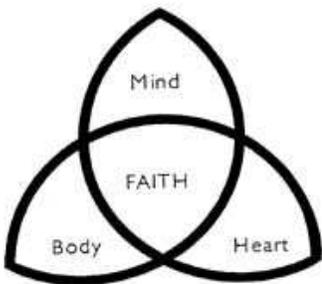
2010 Church League Softball Schedule

Coach: Patrick Tatro (916) 483-9295 ptatro@sierraselect.com

All games played at Roosevelt Park

Week	Date	Time	Home	Away
Week 1	Tue 4-27-10	9:00 PM	Antioch Progressive	Faith Presbyterian
Week 2	Tue 5-4-10	6:00 PM	Mt. Sinai Baptist	Faith Presbyterian
Week 3	Tue 5-11-10	6:00 PM	Taylor St. Baptist	Faith Presbyterian
Week 5	Tue 5-25-10	9:00 PM	Genesis Baptist	Faith Presbyterian
Week 6	Tue 6-1-10	9:00 PM	Faith Presbyterian	Paradise Baptist
Week 7	Tue 6-8-10	6:00 PM	Trinity Episcopal	Faith Presbyterian
Week 8	Tue 6-15-10	7:00 PM	Faith Presbyterian	Antioch Progressive
Week 9	Tue 6-22-10	8:00 PM	Faith Presbyterian	Mt. Sinai Baptist
Week 10	Tue 6-29-10	8:00 PM	Faith Presbyterian	Twenty-Fourth St. Baptist
Week 11	Tue 7-6-10	7:00 PM	Faith Presbyterian	Capitol City

	May 2	May 9	May 16	May 23	May 30
Worship Service	9:00am	9:00am	9:00am Mother's Day	9:00am	9:00am
Worship Assistant	Helen Frisch	Dave Nevski	Youth Sunday	Marlene Calbo	Scott Pfeifer
Ushers	Don & Jan Sperling	Mary Nabers Marvette Swayzer	Youth Sunday	Bob McCarrol Ken Finch	Walt & Dorie McDaniel
Greeters	Dick & Beth West	Marianne Jenkins Cathy Healow	Youth Sunday	Terry & Dave Williamson	Barbara Mendoza Kristi Kampel
Sound	Bill Baker	Don Sperling	David Nash	Rick Hom	Don Sperling
Coffee Preparers	Dick & Beth West	Jim & Betty Park	Dave & Teri Williamson	Kristi Kampel Ann Johnson	Gary Cash
Worship Service	11:00am	11:00am	11:00am	11:00am	11:00am
Worship Assistant	Bethany Draeger	Don Fleharty	Youth Sunday	Glenda Arellano	Rudy Buehler
Ushers	Larry & Noreen Freund	David Nash Lori Glasgow	Youth Sunday	Dick & Betty McClure	Steve & Colette Benson
Greeters	Deborah Dunn Kim Kent	Erin, Colby and Sarah Ainsworth	Youth Sunday	Jean Kern Alicia Harschfield	Dick & Betty McClure
Sound	Joe Parente	Lauren Michelson	Ken Finch	Carroll Collier	Dick West
Coffee Preparers	Dan Morris	Sheron Volstedt Linda Jacobs	Pat & Kitty Tatro	Jarvis & Glenda Arellano	Paul & Betty Keller
Tellers	Jim Tracy Erwina Bush	Barbara Powell Marvette Swayzer	Marilyn Becker Norma McKay	Bob Connett Dick McClure	Kitty Tatro Jarvis Arellano



A VERY NICE BERRY FOR YOUR COLON

Help keep your colon healthy and happy with a bowlful of these: blueberries. Research shows that there's something in these blue beauties that seems to quell the kind of gastrointestinal (GI) tract inflammation that's associated with colon disease.

A Real Colon Cooler

Because of the positive impact that the blueberry hulls had on the colon tissue in a small animal study, researchers suspect that the berries could affect colon health favorably, reducing the risk of diseases that are characterized by inflammation, such as ulcerative colitis. Inflammation-induced damage to epithelial cells lining the GI tract is a leading cause of ulcerative colitis. Still, more research is needed in humans to confirm the blueberry findings.

Be a Pro with Berries

The blueberries' soothing effects seemed to be magnified by probiotics (think yogurt). So if you're a fruit and -yogurt nut, you may be on to something. Here are a few tried-and-true strategies for protecting your colon:

1. Cut back on red meat.
2. Get moving. A sedentary lifestyle may increase colon cancer risk.
3. Quit smoking. Kicking the habit protects both your colon and your lungs.

An Update from the Finance Team

Financial Update - March 31st marked the end of the first quarter of our financial year. As of that date our income (\$210,219) exceeded our expenses (\$151,219) by \$59,000. What an amazing community of givers we have at Faith! Thank you for your contributions to our community as we endeavor to love Christ, build disciples, and serve all.

Our net income (\$59,000) as of March 31st can be attributed to three general factors:

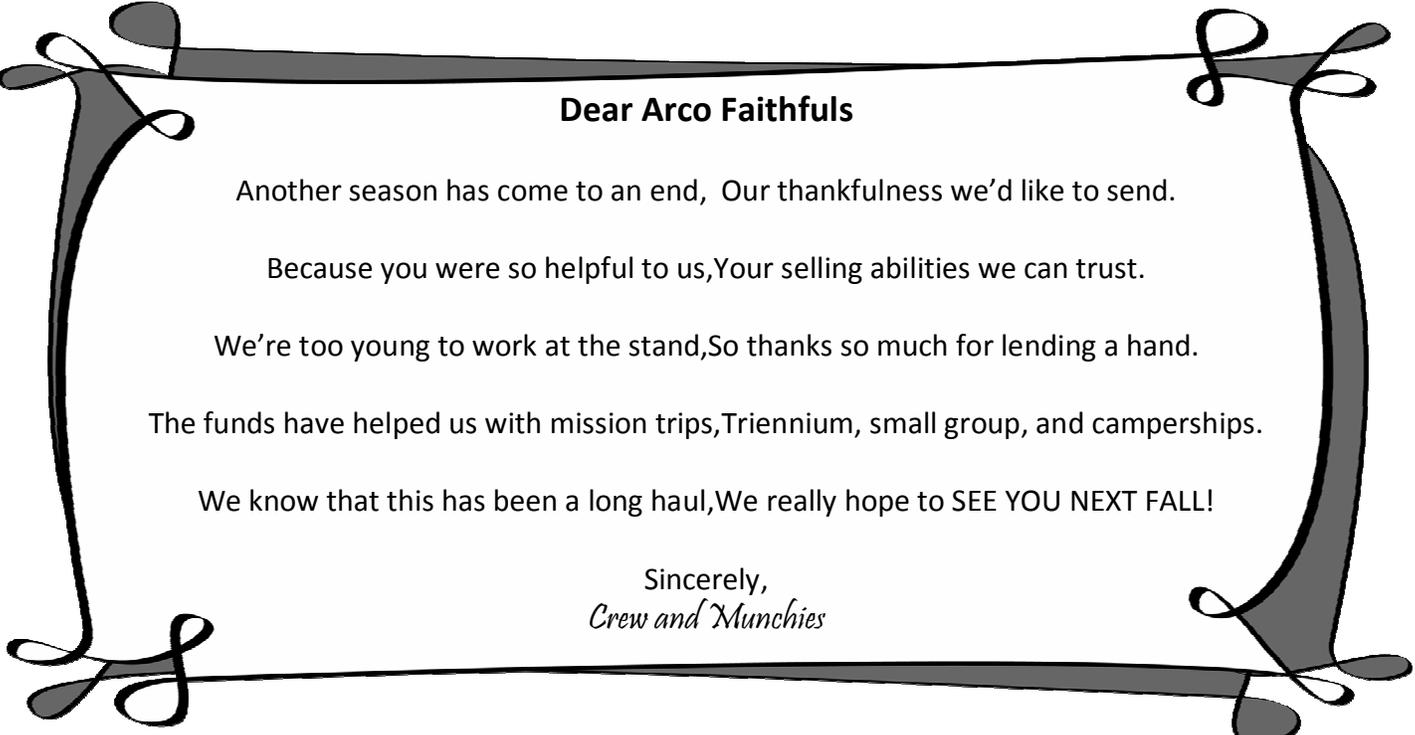
1. We budgeted 2010 to end with a net income of \$23,000
2. Pledged income is coming in ahead of schedule by about \$21,000
3. Expenses are behind schedule by about \$35,000

We will continue to update you through our PresbyNews articles. In between time, if you have questions, you can always ask one of the members of our team. (Maria Rodriguez, Bill Baker, Don Flaherty, Joyce Hathaway, Jim Hill, Norma McKay, Dorie McDaniel, Don Sperling, or Kitty Tatro. Kristi Kampel also works to keep our financial operations running smoothly.) We may not have the answer immediately, but we will know where to go to get the answer.

Per Capita - For those of you with pledge envelopes...did you notice a funny blue envelope at the beginning of the year? That blue envelope is for our per capita collection. Each year we ask members to contribute towards Faith's per capita payment. Per capita is an annual contribution from our church to the Presbyterian Church USA. This year per capita is \$22 per member. Our \$22 goes to the National General Assembly (\$6.15), our Synod of the Pacific (\$5.17), and our Sacramento Presbytery (\$9.68). An additional dollar per member goes towards New Church Development. Our \$22 goes a long way. Please consider making this extra contribution. When you make the contribution, please use the pledge envelope designated for per capita or note "per capita" on your check.

The Finance team will meet next in July. If you have any thoughts, questions, feedback, or suggestions let us know.

Yours in Christ -- Maria Rodriguez, Elder for Finance



Dear Arco Faithfuls

Another season has come to an end, Our thankfulness we'd like to send.

Because you were so helpful to us, Your selling abilities we can trust.

We're too young to work at the stand, So thanks so much for lending a hand.

The funds have helped us with mission trips, Triennium, small group, and camperships.

We know that this has been a long haul, We really hope to SEE YOU NEXT FALL!

Sincerely,
Crew and Munchies

Children's Ministry



Youth Sunday- May 16th

Rehearsal – Saturday May 15th 10:00-11:00 am

Youth Sunday is a time when the children and youth lead in us worship. We are trying to get as many children as possible involved in the service. If your child is interested in helping out with the worship service and I haven't yet contacted you, please let me know. ~ Thanks, Ms. Melinda

Vacation Bible School - June 28-July 2nd (9:00-12:00 noon)

We are now registering for this exciting week – Baobab Blast (God's Great Get Together)



A **Baobab** (Bä'ōbāb) is a gigantic tree found in Africa that creates its own ecosystem, and is one of the world's oldest life forms. A baobab tree's hallowed out trunk, leaves, foliage; nectar, fruit, and bark provide basic needs for many different creatures. This tree serves as a meeting place for many people to gather, discuss, and share stories.

Each day, the children will experience God's profound love for them through story, music, crafts, science, and cooking. The cost is \$5 per child and we tend to fill up quickly. So if you know somebody that might be interested in attending, please pick up a registration form from the bulletin board outside Ms. Melinda's office and return it as soon as possible.



- Vacation Bible School Team Leaders

Every year, our Vacation Bible School is the highlight of about 100 children's lives. This year will be no exception. I cannot run the program however without the help of many adult and youth helpers. Please prayerfully consider helping in one of the following areas:

Travel Guide- 2nd/3rd

Travel Guide 4th/5th

Storytelling

The travel guides travel with the children to each the centers. The storytellers will stay in one center and share the story with the different groups. Whether you are available to help one day or a couple of hours each day, we would gladly welcome you on our team. Please contact Melinda Lewis or Christine Mendoza if you are willing to help in some way.



A big thank you for helping with the Compassion Weekend Bake Sale! Whether you helped bake, package, sell, or sampled some of our yummy treats, we couldn't have done it without you! We raised \$327 for childhood hunger!

Congregation Enjoys Compassion Weekend

Over 20 service projects were completed on Compassion Weekend, with well over 200 members of the Faith congregation participating. The weather cooperated this year and so even the outdoor projects were completed! On Saturday and Sunday April 24 and 25 we:

- Wrote and decorated over 500 notes to be included in our Grace Bags
- Assembled 500 Grace Bags filled with toiletry items, snacks, socks, a Bible, water and a card
- Picked up bags and bags of trash and weeds from Garcia Bend Park and the Sacramento Northern Bike Trail
- Washed over 60 cars and raise nearly \$400 for the Loaves & Fishes Animal Shelter
- Raised over \$300 from the Great American Bake Sale to help hungry kids in our community
- Power washed the exterior of Wellspring Women's Center
- Served lunch to residents at Loaves & Fishes, St. John's Shelter and WIND Youth Services
- Distributed bags of food to needy folks in Del Paso Heights through the Sacramento Food Bank
- Cut, sorted and organized crafts in preparation for the Very Special Arts Festival (*contact Alice Parente if you want to help out during the festival on Friday morning, May 21, at the Coloma Community Center*)
- Inspected vehicles and recommended needed repairs
- Made repairs to Diogenes Youth Center and Rebuilding Together homes and to Quinn Cottages
- Knitted and crocheted many beautiful items for St. John's Shelter and to sell during the holidays to raise money for Eagle's Nest Ministries
- Bagged rice and beans (well over 600 pounds!) for the South Sacramento Interfaith Partnership Food Closet
- Sorted clothing donations at St. John's Shelter
- Made t-shirt dresses that will be sent to Ethiopia
- Served an outstanding meal to members of the Faith community
- Visited older adults at Eskaton and Bruceville Terrace. Thanks to Hal Johnson and his bluegrass band, Faith's brass group, and Winnie Ling's Chinese musicians for their talents.

Thanks to all who participated in and prayed for projects. Our Project Leaders – Sue Potter, Kim Char, Jan Sperling, Pam Rock, John Brophy, Patty Bill (and Life Group), Jennifer Smith (and Life Group), Jenny May, Melinda Lewis, Alice Parente, Gary Cash, Laurie Richardson, Vicky Chastain (and Life Group), Kitty Tatro (and Life Group), Mark Hubler, Ileana Maestas, Jeff Brown (and Life Group), Mike Hankey, Carey Kincaid, and Kent Kim – were awesome! Special thanks go to the Compassion Weekend Team for their hard work and organization – DiAnne Brown, Melinda Lewis, Claire Leader, Debbie Larson, Jarvis Arellano, Erwina Bush, and Dan Morris. And without the support of Faith's pastoral staff and Session, Compassion Weekend wouldn't be what it is.

If you participated in a project, please complete an evaluation and place it in the box at the Welcome Center table in the narthex. Your comments and feedback will help make this annual event even better!

Presby-News
Faith Presbyterian Church
625 Florin Road
Sacramento, CA 95831

First Class Mail

