



Faith Presbyterian Church

PRESBY NEWS

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625 Florin Rd., Sacramento, CA 95831 (916) 428-3439 www.faithpresby.org

Sunday Services 9 and 11 a.m.

Free Stuff! (It's not a scam, it's Faith's List)

If you love a great bargain – and what's better than free? – check out the Faith's List website. Church members post stuff they have to give away or loan for free. Or, they post things they need that you may have to give or loan. You can even post jobs you know are available; or, if you have a business to promote, tell us what goods or services you provide. It's a 21st century way to be a good steward of God's resources, and to offer help to others in the Faith community who may need it.

*Oh Yes! It's
Free*

How to "shop"

Go to www.faithpresby.org, click on the "Our Community" tab, and find the Faith's list tab at the top of the page. Available items will be listed, along with contact information

How to post an item

Simply send an e-mail to faithslist@faithpresby.org describing your item to post. Please include a contact number. And don't forget to e-mail us again if the item is taken, so we can remove it from the site. Remember, Faith's List does not accept items to sell. Everything posted must be free. Visit Faith's List today!

What's On Faith's List Today? Here's a sampling...

Currently available are a portable air conditioner, a computer desk, a small pool table, a large round dining table and a twin bed with mattress. Plus, information about several members looking for work, and one hot job lead in real estate.

Prayer Breakfast to Honor Father John

Father John Boll has served as the priest at St. Anthony church for the last number of years. He is retiring this next month. In his honor, we will hold a joint prayer breakfast between the two congregations on Friday, June 11th, from 8:15-9:00 here at Faith. Plan to join us for a time of food, fellowship and prayer.

DUE DATE CHANGE FOR ITEMS TO TIME AND TALENTS

We are changing the due date so that we can also put the information on Faith's Top Five that comes out on email on Mondays. By having the information about ministries seeking volunteers, our community will have more time to consider the opportunities.

The new due date for information to Rhonda Hankey is the Sunday before Time and Talent Sunday. Since Time and Talent is always the last Sunday of the month---the new due date is the Sunday before that(i.e.the last Sunday in June is 6/27; therefore the information to Rhonda is due 6/20).

The Time and Talent information will continue to be in the bulletin. We hope that this addition to Faith's Top Five makes it even more effective. The change is effective June 1.



**ANTI-AGING SECRET
YOU CAN START ANY
TIME**

If you're overweight and a little gray on top, have I got the antiaging secret for you! Start it now and you'll increase your odds of being disease-free in your next decade. The secret? Walking. Or jogging or gardening or doing any thing that gets you up off the couch.

The Good Habit Gives Back

Yep, it's never to late to exercise. A recent study tracked the habits of more than 13,000 60-something women, and the fitness-minded ones were much more likely to make it into their 70's free from chronic diseases and serious health problems. The more active women also experienced less physical and mental decline over time. And best of all, their odds of living longer and hanging onto their health were bolstered even if they were overweight. Need more reasons to walk? Then consider this: You can do it pretty much anytime of the day-with little gear-and it has a low risk of injury.

**WEST SACRAMENTO
COMMUNITY ORCHESTRA**

enjoy an exciting program of festive and patriotic music!

- Chadwick Jubilee
- Copland Hoe-down
- Gershwin/Whitney An American in Paris
- tm Suite
- Ricketts Satchmo! plus music of Guthrie, Strommen, Sousa, the song of the U.S. Maritime Service, and the Armed Forces Salute

FREE ADMISSION
Centennial United Methodist Church,
5401 Freeport Blvd.

For more information, please telephone
916-991-5262, or visit

<http://westsacramentocommunityorchestra.blogspot.com/>

Sunday, June 13, 2010, 3:00 PM
Tuesday, June 15, 2010, 7:30 PM



Patty Shaw, manager of the Food Closet, shown here with Rev. Patrick Vaughn addressed the people of Faith on June 6th. She had high praise for Faith Presbyterian Church because of the large amount of food that Faith folk donated to Food Closet. Mrs. Shaw said the Food Closet served 4,000 needy people every month. This means the Closet can use all the food

donated and still need more.



**P.W. JUNE
LUNCHEON**

Wednesday, June
23, 10:00 am Bible
Study
Lunch at Kitty Tatro's
House

- at 11:30 am
- Please bring a salad, side dish, or dessert to share.
- Beverages will be provided.
- RSVP to: Kitty Tatro 393-4734
- All women are invited.

Presbyterian Women wish to thank the congregation for supporting "The Mosquito Net Project." A substantial amount of money was raised.

What Sort of Church Are We're Supposed to Be?

Part IV ~ A Community

Nearly every Sunday these words emblazon the cover of our bulletins. Maybe by now you have them committed to memory. They serve to remind us what it is that we are about here at Faith. ***A Community Loving Christ, Building Disciples, Serving All.*** That is what we believe God is calling us to become. In many ways, that is what we already are.

In this four part column we are looking together at how our current leadership is working to see this vision become reality here at Faith. In parts one through three I shared how we are trying to become a church who loves Christ, builds disciples and serves all. In this fourth and final part I want to share with you a bit of what we think it means for Faith to be a community. As we love, build and serve, how are we called to do that *together*.



When the New Testament speaks about the church, it consistently is clear that in the church we are to live with “one another.” Christians, specifically, are to be people who choose to do life together, welcome diversity, work to deconstruct barriers, share a common purpose, develop deep relationships, practice mercy, and share all things in common.

Christianity is always personal but never private. On one hand, we always come to know God in a personal and real way. God knows us each by name. On the other hand, that personal relationship always happens in the context of community. In other words, nobody follows Jesus alone. Some would say it's not even possible to follow Jesus alone.

It's been said that the two marks of Christian community are forgiveness and celebration. At Faith, we want to be a community that is constantly showing the grace of God to one another and to the world. We also want to be a community that is constantly celebrating the good news of the message of Jesus Christ and his coming kingdom.

So how do we do that? What sorts of things is our leadership trying to promote here at Faith to encourage community among us? Our Session has determined that at this time the following main ministries will best serve this purpose.

- #1 – **Life Groups** - We believe that real community happens best in small groups where people have the opportunity to develop friendships, belonging and trust in a mutually supportive atmosphere. Life Groups are primary way we will try to develop these small groups. However, we recognize that there are other equally valid small group experiences which include Companions in Christ, youth ministry small groups, discipleship triads, musical groups, and even teams and committees. It is our goal to have every member of our community regularly participate in a Life Group or some other small group. Ideally, these groups center around God's Word, promote a high level of trust, speak the truth in love when appropriate, and encourage open and honest dialogue.
- #2 - **Congregation-Wide Connection Opportunities** – We will promote regular opportunities for the entire community to simply come together and enjoy one another. We believe that when the congregation comes together with no other goal rather than enjoying one another, then community is nurtured. Great examples of this include congregation-wide meals (e.g. Harvest Dinner, Advent & Lenten meals, etc.), “coffee hour” after worship, and retreat experiences.
- #3 - **“Mariners” Groups** – We will continue to support and promote these life-stage oriented groups (i.e. parents, seniors, empty nesters) as an easy way for people, particularly new people in the church, to connect at a social/friendship level with others in the same life stage.

For a long time one of the traits of this congregation has been the close community and friendships among our members. Frankly, it's one of the traits which first attracted me, and many others I've talked with, to Faith. I pray that we would continue to grow in our connections to one another through Christ. Jesus said that one of the main ways that others would recognize us as his followers is the way we love one another. May that be true of our community here at Faith.

I look forward to worshipping together as a community this Sunday.

Grace & Peace, Jeff

S.S.I.P. Luncheon Honors Food Closet Volunteers



Bethany Presbyterian Church hosted a luncheon to honor almost 100 volunteers who contribute to the South Sacramento Ecumenical Parish enterprises. Most do volunteer work at the Food Closet. Nearly 30

members of Faith are involved in picking up donated bread, filling bags to given to the Food Closet clients, and the many other tasks required to operate the Food Closet. Some 4,000 people a month receive bags of much needed food.

If you see this service as a way you would like to serve as a Christian volunteer, talk to Georgianne Becker or Betty Park. Or show up any weekday morning at Fruitridge and 24th street.



How is your Food Closet zucchini Doing? The Park family plant is Growing bigger by the minute. Have you planted your crop that you can give to Food Closet? If not, do it now!



One Great Hour of Sharing is Sunday June 20th. This is our day to share God's love with needy people here and abroad. People who can see a brighter future coming their way are less apt to seek violent solutions.



Two Mission Trips in August?

Faith Church is planning two mission trips this summer: one in Colorado and one right here in Sacramento. If you did not sign up for the mission trip to Denver but would still like to experience the joy and fellowship of doing God's work, you can sign up for the **Family Promise** rotation during the week of **August 1st**. We would especially like to encourage new volunteers to give it a try. On Sunday, June 13th we will be hearing from 2 volunteers share their experiences with the program during a brief presentation at both services. Kelly and Cynthia will be manning the whiteboard after both services and will be taking sign ups. There will be a pictorial display in the narthex of the last rotation during the week of May 30th. Volunteers please look for your picture and help us inform others of the opportunities to serve. If your children are out of school the week of August 1st, you may want to try a family sleep-over on a week night. If you have any questions we will be available to answer them. Cynthia Crow 392-9141 cynthia-crow@sbcglobal.net, Kelly Latimer 684-0811 kelly13680@surewest.net

During the week of May 31 Faith hosted 3 families by providing food, shelter and fellowship. Many generous Faith members participated in lending a helping hand to the 5 adults and 11 children who found a loving home with us last week. We want to thank:

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The Sunday Team: Kelly, Claire & Emily Latimer, Janet Sather, Tanya and Bob Anderson, Paul & Betty Keller, Rick and Cynthia Crow, Glenda Arellano and Nancy Arkelian.

The Monday Team: Kent Kim, Mary Masterson, Joyce Hathaway, Janet Leader, Jill, Mark, Mallory & Keeleigh Hubler and Gary Cash.

The Tuesday Team: Audrey Sherfy, Melodi Andersen, Lena Zazzera, Virginia Escalante, Krysia Faltrick, Glenda Arellano, Vicky Chastain, Barbara & Jim Tracy, Rick and Cynthia Crow.

The Wednesday Team: Ellie Boyce, Brenda Norris, Bert & Barbara Brown, Em & Bill Baker, Cathy & Dick Pehrson, Dick & Doreen Dobbins, Barbara & Bob Powell, Teri Williamson, Shari Reyes, Dan and Justin Morris.

The Thursday Team: Marthe Sweet, Mary Nabors, Jackie Klas, Winona Miles, Ruth Collier, David & Sandi Bilbo, Cory & Sarah Ainsworth, Larry & Jo Thommen, Ann Johnson, Erwina Bush.

The Friday Team: Debbie Barton, Matt Bailey, Noreen and Larry Freund, Carol Frank, Lyndon and Damian Thomson, Sierra Brown, Jordan Larsen, Marianne Jenkins, Michelle Sweeting and her granddaughter LiLi.

The Saturday Team: Debbie Barton, Christa Morris, Ilah Turner, Jennifer Smith, Pam, Tyler and Jason Rock, Sherie and Jacob Brucato, Jacob's friend Zane, John Warren.

In addition others helped get the church rooms ready and then restored them to their normal design: Matt Bailly, Bob & Norma Sutherland, Cory Ainsworth, Cathy and Steve Healow, Roy Bagby, Melinda Lewis, Larry & Jo Thommen. Finally a thank you to Glenda Arellano our breakfast and lunch shopper and Ken Finch who delivered the mattresses to Grace Lutheran Church.

