

Jim Park Recognition September 5th

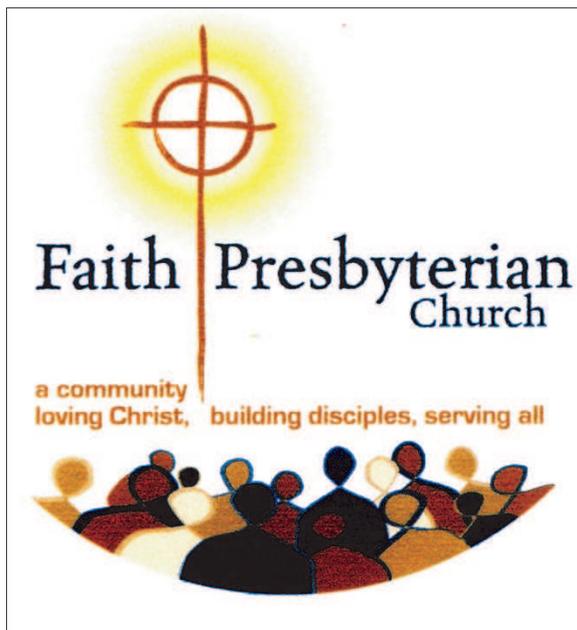
Jim Park has decided to retire as Faith's PresbyNews Chief Editor after 30 years of service. Jim selflessly collects data, stories, ads, calendars and other information, then compiles and publishes the PresbyNews in addition to his other ministries his dedication to collecting food, delivering and working at the SSIP Food Closet. Jim will hand the baton over to the new Communications Ministry team to publish. Join us as we recognize Jim's time and talents September 5th at the beginning of both Worship Services.

Please direct all future communications to Communications Elder David Nash who will disseminate the information to the ministry team for the PresbyNews, website, and other communications vehicles. Deadline will be the 3rd Sunday of each month, You can reach David at 916-428-4704 or dnash@comcast.net

A Message from Jim

After 30 years of editing Faith's PresbyNews, I have decided to retire and let others take over the responsibilities. At age 88, I find I am slowing down just a little. I have enjoyed editing the PresbyNews and have worked with lots of wonderful people. I want to thank the associate editors who did every issue in rotation: DiAnne Brown, Suzie Hughes, Marthe Sweet and Kathy Pehrson. And I cannot leave out Betty Park who did fine proof reading. Without their good work, the burden would have been too heavy. DiAnne, in addition to the many things she does at Faith, uploads the PresbyNews to Faith's website. And to all the Office Managers, Kristi Kampel being the latest, who have printed, stamped and mailed the newsletter all these years.

Thank you for the opportunity to serve God and Faith Church



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Pastor Jeff Chapman
Associate Pastors
Jim Zazzera,
Patrick Vaughn,
Quinn Vaughn

Honoring Ms. Melinda

As noted elsewhere in this PresbyNews, Melinda Lewis is moving on to new challenges. Her last day at Faith will be Sunday August 29. Pastor Jeff hopes that everyone will attend worship as Melinda is honored and then between services there will be a reception to further recognize her work for Faith's children. A gift fund has been set up for her. If you would like to donate to this fund, send checks payable to Faith Presbyterian Church, attention Melinda Lewis Gift Fund.

Faith's Open House

Through various ads, the community is invited to join us for Open House Sunday, September 19th! We are hoping everybody will invite at least one other person/family to worship that day. There will be printed invitations for you to use. They will be available in the Narthex at the end of August.

LUAU BBQ, AUCTION & RAFFLE Sunday, September 26th, 4 pm.

Enjoy an evening of fellowship, good food, and fundraising. Proceeds will benefit Faith's Campership Fund. Campership funds are made available to families for children's camp at Westminster Woods, Faith's Fall Retreat, the Women's Retreat, and the Men's & Boy's Retreat. Please consider donating items for the auction and raffle.

We will have games and crafts for the children and youth and entertainment for all! Tickets go on sale in mid August. Ticket Prices are \$10 for adults, \$7 for youth ages 11-17, and free for children age 10 and under. We are looking for decorative items to borrow--surfboards, tiki torches, etc. Please contact Lori Rapier at 267-3614 or ggl-rapier@sbcglobal.net for more information

An Update from the Finance Team

Financial Update - As of July 31, our income exceeded our expenses by \$29,960.

	Actual	Budget	Difference
Income	\$438,214	\$441,700	(\$3,486)
Expense	\$408,254	\$430,799	(\$22,545)

	\$29,960	\$10,901	
=====			

The areas significantly below budget include Property Maintenance (\$9,523), Personnel (\$5,840), Christian Education (\$3,306), and Outreach (\$1,799).

In July Joyce Hathaway (head teller) and I hosted **a lunch for all of our tellers**. Our tellers come in each week and keep accounting of our receipts. Many of our tellers have been doing this job for more years than we can count. Bob Connett may hold the record with 18 years under his money belt.



Pictured: Bob Connett, Bill Baker (Treasurer), Barbara Powell, Jim Tracy, Dick McClure, Dorie McDaniel (Pledge Secretary), Joyce Hathaway (Head Teller), Don Sperling, and Maria Rodriguez (Finance Elder).

Not Pictured: Erwina Bush, Kitty Tatro, Jarvis Arellano, Marvette Swayzer, Marilyn Becker, and Norma McKay.

Picture Taker and Constant Resource for us: Kristi Kampel.

Thanks to all who help keep our finances in line.

Yours in Christ,
Maria Rodriguez
Elder for Finance

Pastor's Message

By Jim Zazzera

What's all this about "Formation?"

Friends,

You might have noticed that my proposed new position title, starting in January (along with some additional hours and responsibilities) is "Associate Pastor – Adult Christian Formation and Discipleship." Lots of interesting words. Lots of interesting implications. I would like to talk to you about one word – "formation."

What do you think about when you hear the word "formation?" Rock "formations" in the Arizona desert? A high school band marching in "formation?" The "formation" of the government of our nation?

Some of you may wonder, why talk about Christian "Formation" when Christian "Education" is a perfectly good phrase? Is there some sort of political/religious correctness going on here, or is something deeper at work?

I, for one, am not only glad for the shift in my job title, but for some rethinking of the task of adult education at Faith Presbyterian. And while "education" is a great word, I believe that thinking about the task of "formation" is helpful in the context of the church.

The concept of formation actually has a long history in our faith, reaching all the way back to the image of God as Creator. God "forms" the human being out of the earth and breathes into the person the breath of life (Genesis 2:7). We sing to God "You are the Potter, I am the clay" (Jeremiah 18:1-8). The most important thing to remember is that it is the Lord who molds us into God's image. *Formation is the work of God.*

Sadly, "education" often implies what we *think*, but not what we *do*. It suggests what we might *believe*, but not necessarily how we *act*. We read books, we spout opinions, we memorize words, but surely our faith is more than what we think or say. I suspect it is even more than what we believe. "Formation" implies a change in the whole person – not just in the head. When we are formed by God, it is our hearts, our hands, and our feet, as well as our brains that participate. Everything about us is made new. If anyone is in Christ, that person is a "new creation" (2 Corinthians 5:17). *Formation is about more than what goes on inside our heads.*

Finally, and I have already alluded to this, formation implies *trans*-formation. Like a canyon carved out over millions of years, like a caterpillar that finds its life fulfilled as a butterfly, like a child that ultimately becomes an adult, God yearns for us to come to maturity in Christ. God desires for us to change. In a passage that is familiar to many of us, the apostle Paul makes very clear the call of the Christian when he says, "Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind." (Romans 12:2a) *Formation is about change and transformation.*

"Formation" may seem like a strange word to you. It may feel a bit awkward in the context of the Christian faith. But I invite you to try it on for size. If you look elsewhere in this newsletter you will see many invitations for opportunities to grow in faith. So consider this an invitation to be "formed" in Christ! Together, let's see what happens!

Grace & Peace,
Jim Zazzera

Dear Faith Friends,



It is hard to communicate how I feel as I write this article. I excited to start my new job and yet at the same time I am sad to be leaving children's ministry.

Long before I had children, God called me to serve Faith's children and their families. For a number of years, I taught Sunday School and provided leadership for the children's program at the Fall Retreat. In 1999, God called me to be the children's ministry elder. When I finished my three year term, my husband followed in my footsteps and became the next elder. A few years later, God spoke to me again and led me into my current position as director of children's ministry. Although I didn't know how long I would be in the position, I knew God would be right there walking beside me and guiding me in the ways I should share His love with the children.

No matter where I go or what I do, here is what I will remember:

- Holding Kaylah when she was eighteen months old.*
- The day I found out that Mike and Rhonda Hankey were expecting twins (Connor and Spencer).*
- The words of encouragement*
- The look of surprise on Emily Bush's face when she visited our church and I remembered her name from a previous visit.*
- The day we finished our current play structure.*
- When I first met Noel (age 4) and Isabel (age 6).*
- When the children sang for Jeff and Esther's send-off to Ethiopia. What a blessing it is to have Bereket and Godebo as part of our Faith family.*
- The hugs and smiles the children give so freely.*
- Mitchell and Taylor Shahbazian when they were young enough to be in children's program at the Fall Retreat.*
- Sarah Ainsworth at the age of four, eagerly participating in our Sunday School program.*
- Vacation Bible School*
- The children's ministry team*
- The staff*

I could clearly go on and on, but let me say thank you for all the blessings you have given to me. The journey has been incredible and I hold a special place in my heart for each and every one of you.

So, what will I be doing now? I have accepted a full-time teaching position with Visions In Education charter school. I will be serving families in the local area specifically working with 36 children from the Home School Academy. My job is to encourage and support the parents as they educate their children. In addition, I will be meeting with individual students to ensure they are meeting the state standards.

My background includes over ten years of teaching experience both high school and elementary. One thing is clear God has called me to work with children, youth, and their families. While I am sad to be leaving, I am excited about this next chapter of my life. I am confident wherever I go that God will use me in extraordinary ways.

**Peace and grace,
Ms. Melinda**



What Are Those Elders Up to Now?

Highlights from Our August Session Meeting

The following are some of the decisions which were made this month at Session (elder board) and some of the areas of ministry which were celebrated. We hope you share in the enthusiasm of Session in all that God is doing in our midst. As a reminder, Session meetings are held the 2nd Monday of each month at 7:00 here at church. Unless otherwise determined, they are open meetings and church members are always encouraged to come listen in. We'll even share our snacks!

Great time for sharing and prayer – With a lighter agenda this month (often the case in the summer), our Session was able to take a longer than usual time in the sanctuary to begin our meeting with sharing and prayer.

This is often the best part of our time together, as we take time to read scripture together, share instances of how we have seen God at work, and pray for each other and the congregation. We are continuing to explore how we can set aside even more time to pray in this way.

We had our wonderful annual dinner with the deacons – Session reflected on a lunch we had shared that day prior with our deacon board. Once a summer, usually in August, our elders gather with our deacons to hear from them how God has been at work through their ministry and how Session can better support them in our work. Though we did talk about specific ways we can better work together, overall our Session left extremely encouraged by the compassion and commitment being demonstrated by our deacons. They are truly doing Christ's work in our midst!

Session updated on proposed staffing changes – Rick Stern, Personnel Elder, updated the Session on the recent congregational forums involving proposed changes to the job descriptions of pastors Patrick, Quinn and Jim. Many members were encouraged and excited for the changes while some had some very thoughtful questions and/or concerns. Session also voted to approve the changes to Quinn's job description pending approval of the changes to Patrick's position at the congregational meeting on August 22nd.

If you ever have any questions for any of our elders, a complete list of names, areas of ministry, contact info, and even photos can be found on our web page at www.faithpresby.org

Safeguard your memory with this Snack

Fend off the future with Alzheimer's by having a handful of these for your afternoon snack: sunflower seeds. They're too tasty to be relegated to bird food. And too nutritious! Among other goodies, these little seeds are loaded with vitamin E, a nutrient that may help protect against memory-stealing Alzheimer's disease.

The E Advantage

In a study, those who reported getting the highest amount of vitamin E-19 milligrams a day-were about 25% less likely to be diagnosed with dementia of Alzheimer's disease over a 10-year period. People in the study got much of their vitamin E from processed or sat-fat foods, like butter, margarine, and mayo. Our suggestions? Get your E from healthy sources, such as nuts, seed, vegies, plant oils, and nut butters. The bonus with nuts and seeds is that you also get a shot of hunger-quelling protein. Not to mention some heart-healthy fats.

Mechanics of a Memory Keeper

Vitamin E helps protect cells against oxidative damage, a helpful thing when it comes to foiling the onset and development of dementia and Alzheimer's. Animal research also suggests that E may help inhibit the negative effects of beta-amyloid--a type of protein fragment that turns into Alzheimer's-triggering brain plaques.





Adult Christian Formation Opportunities Beginning this Fall

New Classes

Pathways to Discipleship

Pathways to Discipleship is a series of classes and experiences in the Christian faith for all adults that will support us in our growth as disciples. ***We are strongly encouraging all adults to consider taking this series of formation classes to become better equipped as people of faith.*** You will have the option of taking the classes on either Sunday morning or Wednesday evening. *The same class will be offered both times.* We will begin September 19th with the following schedule:

Simply Christian (Basic Christian Beliefs):

(8 weeks - starts September 19th)

Discover more about what Christians believe, find out what is central, clarify parts of the faith you have misunderstood, and claim the truth of the Gospel in new ways.

Becoming A Contagious Christian (Sharing Your Faith):

(5 weeks - starts November 14th)

Learn to share your faith in a style that fits you and communicates Christ's love to others with authenticity, love and respect.

Beginning with the Bible (Introduction to Scripture):

(6 weeks – starts January 9th)

Discover what the Bible is, how to study it, and how to make it a regular part of your day-to-day life.

Making Space for God (Spiritual Practices):

(6 weeks – starts February 27th)

Explore how your faith can impact your daily living and learn practices that “ordinary” people can use to grow in faith.

Following God to Personal Financial Freedom

(6 weeks, starts April 10th)

Find out what our faith has to say about money and how to manage our God-given resources in difficult financial times.

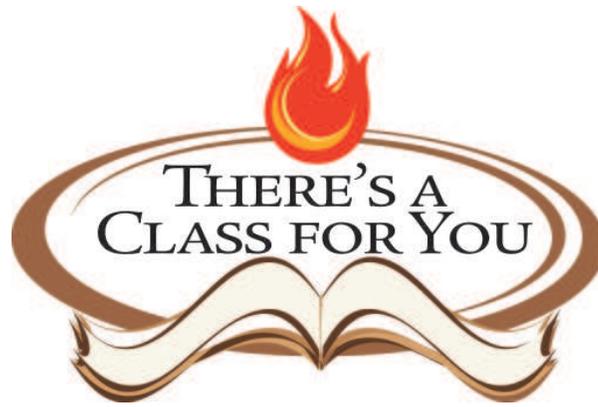
On Sunday Mornings classes will be from 10:10am to 11:15am. *(Please note that this class time will overlap the second service by 15 minutes.)* Wednesday evening sessions from 7:00pm to 8:30pm.

Other Options on Sunday Mornings

Streams of Living Water: Celebrating the Great Traditions of Christian Faith (Video Series)

(13 weeks – starts September 19th)

Reflect together on the various “spiritual paths” practiced in the past and present of today’s church.



Further Opportunities for Spiritual Growth and Formation

Companions in Christ:

Exploring Spiritual Guidance

(5 Weeks, October 20 – November 17, 2010)

Alice Parente, Leader

The Way of Discernment

(10 Weeks, February 9 – April 13, 2011)

Alice Parente & Jim Zazzera, Leaders

Each session will be held on Wednesdays from 7 – 9 pm, and will include experiences of sharing, prayer, discussion, journaling, and worship. All are invited, but we are limiting the group to 12 participants. Please call the office if you are interested or sign up at the Welcome Center in the next few weeks.

Marriage Enrichment Workshop

Friday Evenings from 7 – 8:30pm

(6 Weeks, September 17 – November 5)

Carlene & Steve Mauch, Leaders

A marriage enrichment workshop is being offered for six weeks beginning on September 17th. Each session will be held on Friday evening from 7:00 pm to 8:30 pm at Faith and child care will be provided.

The workshop is built upon PREPARE-ENRICH material which is designed to: increase awareness of both strength and potential growth areas in your relationship; stimulate discussion about relationship issues; prime couples for learning valuable communication skills; and function as a tool to help couples gain awareness of important issues before they become major concerns.

Adult Discussion Group

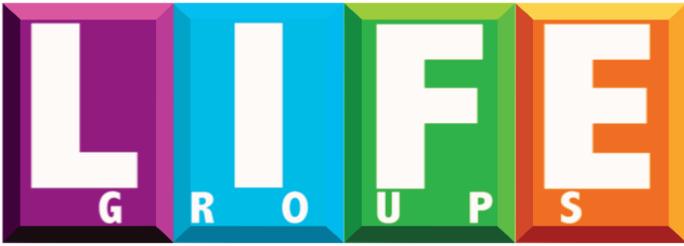
Soul Survivor: How 13 Unlikely Mentors

Helped My Faith Survive the Church, by Philip Yancey

Jim Zazzera, Bill Frye, & Walter Newport, Leaders

The group meets at 2pm the first Wednesday of every month and will begin on September 2nd. Call the office to get a book. All are welcome.

Now is a Great Time to Join a Life Group!



What are Life Groups? *Life Groups* are small groups of people here at Faith (6-10 ideally) that commit to meet regularly to grow together in their Christian faith. A typical *Life Group* meeting will include Bible study (based on the Sunday morning sermon), sharing, prayer, and often some good food. Put simply, it's a time for friends to seek together how to apply Jesus'

teachings to their daily lives.

Who can belong? These groups are open to anybody in our church or community who has this desire to grow in faith and is willing to make a commitment to the group.

How do I sign up? Easy. Look through the list below of potential groups and choose the one that might work best for you. Just contact one of our pastors or the church office and indicate your interest in that group. We can even help you choose one that might best fit your needs. Then, we'll help get you connected.

Still have questions? Contact pastors Jeff Chapman or Jim Zazzera, or any of our life group leaders. They would love to tell you lots more! A list of their names and contact info is on the "spiritual growth/adults" page on our web site – www.faithpresby.org

Existing Life Groups – September 2010	
Sunday Morning mixed (10:30 @ church) Sunday morning high school (during worship) Sunday morning jr. high (during worship) Sunday evening women (7:00 in a home) Monday afternoon men (1:30 @ church) Monday evening young adults (7:00/home) Tuesday morning men (6:30 @ coffee shop) Tuesday afternoon women (5:00 in a home) Tuesday evening mixed (7:00 in a home) Tuesday evening mixed (7:30 in a home) Wednesday morning men (6:30 coffee shop) Wednesday evening mixed (7:00 in a home) Thursday morning men (7:00 downtown) Thursday morning women (9:30 @ church) Thursday afternoon older adults – mixed (2:00 @ church)	Thursday afternoon women (1:00 in a home) Thursday evening women (7:00 in a home) Thursday evening college group (7:00 in a home) Saturday morning walking group – mixed (9:00 a.m. – meet at church) New Groups – Fall 2010 ___ Tuesday evening mixed (7:00 in a home) ___ Wednesday evening mixed younger adults (6:30 @ church – child care provided) ___ Women's Group (time TBA Mon-Thurs afternoon or evening @ church) ___ Elk Grove Group evening mixed (time TBA Tues. or Weds. 7:00 in a home)

Buried Under Calendars?

This is that time of the year when many of us receive enough advertising calendars to have five in every room in our house. Our clients at the SSIP Food Closet are less fortunate and they really appreciate the 2011 calendars that you don't need. Bring them to church and leave them in the narthex or give them to Betty Park. She will insure that they go to the needy people.